

CJE Counseling Services

Our compassionate and experienced licensed clinical social workers specialize in supporting the emotional well-being of adults age 60 and older. We offer a safe, welcoming, and confidential space where you can feel heard, understood, and supported. Together with your therapist, you can build on your strengths, explore new ways to navigate life's challenges, and enhance your quality of life. Whether you are experiencing a life transition, coping with a difficult experience or loss, facing emotional challenges, or seeking greater balance, meaning, and fulfillment, our team will meet you where you are and support you along the way.



"We believe that everyone deserves the opportunity to thrive emotionally, no matter their age."

CJE provides individual, family, and group psychotherapy.
Our services are offered via:

- **Telehealth** with a secure video connection
- **In person at our two offices:**

  The Delighter/Winston Center for Aging Well
  3033 West Touhy in Chicago

  Weinberg Community for Senior Living
  1551 Lake Cook Road in Deerfield

CJE accepts Medicare and is in network with most PPO plans and some Medicare Advantage Plans.

Visit www.cje.net or call 773.508.1000 today!

cje SeniorLife
Jewish values for positive aging

Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

CJE COUNSELING SERVICES 3033 West Touhy Avenue | Chicago IL | www.cje.net | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.