

# Men Building Connections

## Finding, Forming, and Feeding Male Friendships



Calling all men over 60! Join us for a lively discussion on the power of male friendship in our new Men Building Connections series of gatherings.

Friendship plays a vital role in our well-being, yet many men find it challenging to build and maintain meaningful connections as they age.

Presenters Kevin FitzPatrick, LCSW, and Paul Kachoris, MD, of Victories of the Heart, a Chicago nonprofit focused on men's personal growth will explore the benefits of strong friendships, barriers that keep men disconnected, and ways to form and deepen lasting relationships. Attendees can also choose to share in small-group conversations.

**Wednesday, October 14, 2026 • 10am–Noon**

Delighter/Winston Center for Aging Well  
3033 West Touhy Avenue, Chicago

Light refreshments will be served.  
Free. Advance registration required.



**CLICK OR SCAN  
HERE TO REGISTER**



[cje.net/men-building-connections](https://cje.net/men-building-connections)

For more information, call 773.508.1000.

***Bring yourself . . . and bring a friend!***



Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

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