



Get CHARGED!

A 1-Hour Interactive Brain Health Experience

Give your brain a boost in just one hour! **Get CHARGED** is an engaging, interactive brain health experience designed to help you discover practical ways to support your brain health and overall well-being.

Each session explores a key area of brain health and wellness including cognitive stimulation, managing stress, staying socially connected, and creative expression; through lively discussion, brain games, hands-on activities, and simple strategies you can incorporate into everyday life. Come learn, connect, have fun, and **Get CHARGED!**

Evanston Public Library
1703 Orrington Ave, Evanston, IL

11 am–Noon

- November 17, 2026
- February 23, 2027
- May 18, 2027
- August 24, 2027

Registration required. Space is limited.



**CLICK OR SCAN
HERE TO REGISTER**



cje.net/get-charged

For more information: sarah.cohen@cje.net or 773.508.4923

The City of Evanston is committed to promoting a Citywide culture of accessibility and inclusivity. To request an accommodation for a program, service, or activity, please call 847.866.2919.

cje SeniorLife
Jewish values for positive aging



This program is a partnership between
CJE SeniorLife and the Evanston Public Library



Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

Zoller/Kaplan Families Center for Cognitive Services 1015 Howard Street, Evanston IL | cje.net/adsevanston | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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