

# CJE Counseling Services

Our compassionate and experienced team of therapists are specialists in the field of mental health services for adults aged 55+. We are here to provide a safe and welcoming space where you can identify and strengthen positive strategies in order to promote emotional health and wellbeing.

CJE provides individual, family, and group psychotherapy. Our services are offered via telehealth or in-person:

- **Telehealth**
- **The Delighter/Winston Center for Aging Well**  
3033 West Touhy in Chicago
- **Weinberg Community for Senior Living**  
1551 Lake Cook Road in Deerfield

CJE accepts Medicare and is in network with most PPO plans and some Medicare Advantage Plans.

**Visit [www.cje.net](http://www.cje.net) or call 773.508.1000 today!**



“We believe that everyone deserves the opportunity to thrive emotionally, no matter their age.”



Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

**CJE COUNSELING SERVICES** 3003 West Touhy Avenue | Chicago IL | [www.cje.net](http://www.cje.net) | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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