

# Are you caring for a loved one with a serious illness such as Alzheimer's or Parkinson's disease?

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Come spend time with other caregivers who are coping with similar challenges and concerns. This Zoom support group will provide opportunities to enhance coping strategies in a supportive environment.

Led By	Carrie Cutler, MSW, LCSW
When	First Thursday of every month at 4–5 pm Third Thursday of every month at 10–11 am
Where	Zoom virtual meeting with video and telephone dial-in options
Cost	Free
Registration Required	773.508.1000

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Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

WEINBERG COMMUNITY FOR SENIOR LIVING

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