

Supportive Living

What is Supportive Living?

Supportive living communities are residential settings in Illinois intended for adults who need help with some Activities of Daily Living (ADLs)—services like bathing, dressing, eating, medication reminders—but do not need full-time skilled nursing care. It provides older adults with a broader base of support than independent living but offers less support than a nursing home or memory care facility.

Eligibility:

- Must be 65 or older, or ages 22-64 with a physical disability.
- Determination of Need screening—to be completed by social service agency contracted by state of IL to authorize services.
- Minimum income requirement: single person must have income of at least the current maximum SSI amount; as of 2025 that's \$967/month and as of 2026 that's \$994/month. Higher minimum for a couple applying.

Medicaid-eligible residents can have room and board covered by Medicaid. You must have assets of \$17,500 or less to be eligible for long-term Medicaid. Residents can also pay out of pocket for room and board to spend down assets until they become eligible for Medicaid, then the facility Business Office will assist with a transition to Medicaid as primary payer. Each Medicaid-eligible resident must contribute their entire income (up to the full market rate of the rent) to the facility for lodging, meals and services, but can keep \$120 each month as a personal allowance to use as the resident wishes.

Services that are provided by the facility

<https://hfs.illinois.gov/medicalprograms/slf/residentfactsheet.html>:

- intermittent nursing care
- social/recreational programming
- health promotion and exercise programs
- medication oversight
- ancillary services
- 24-hour response/security
- personal care – assistance with 2 activities of daily living (i.e. bathing, dressing, toileting)
- laundry
- housekeeping
- maintenance
- meals and snacks

continued

Current locations can be found at

- State of Illinois: <https://hfs.illinois.gov/medicalprograms/slf/table.html>
- Cook County: <https://hfs.illinois.gov/medicalprograms/slf/cook.html>

*Note - Not all facilities offer memory care support so be sure to verify if this is a consideration. Individuals with memory issues that greatly impede daily living or cause wandering behaviors may not be approved for supportive living.

To apply, start by calling the facility to request a tour or application. If moving forward with an application, the facilities would complete an assessment to make sure an individual is appropriate for their level of care. Each facility would offer direction on their process.

Documents generally required for application include:

- Photo ID
- Proof of income
- Proof of assets
- Doctor's physical from within 90 days
- Current medication list
- Health insurance cards
- Social security card
- Birth certificate
- Past 5 years of bank statements (required by Medicaid)
- Documentation of prepaid burial/plot

To find out more about CJE SeniorLife's many services and programs, visit www.cje.net or call at 773.508.1000.



Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

3003 West Touhy Avenue | Chicago IL | www.cje.net | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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