

Assisted Living

What is Assisted Living?

Assisted living communities are residential settings intended for adults who need help with some Activities of Daily Living (ADLs)—services like bathing, dressing, eating, medication reminders—but do not need full-time skilled nursing care. It provides older adults with a broader base of support than independent living but offers less support than a nursing home or memory care facility.

It is important to note that neither Medicare nor Medicaid will cover the cost of assisted living. Medicare does not cover any form of long-term care. Some communities are “buy in” meaning you make large lump sum payment to “own” your unit. Other communities are rental and you pay a one-time community move in fee then regular monthly rent.

Approximate monthly costs for assisted living in IL range from \$3,900 to \$9,000 depending on size of unit and level of need. If you are a two-person household, there is often an additional fee to account for a second person’s care.

Eligibility:

- Generally, adult individuals needing help with ADLs but not requiring full skilled nursing care.
- Must be of age (often 55+ for most residents; some younger if they have disability but many ALs focus on older adults).
- Not appropriate for people who need caregiver help more than what the facility is licensed to provide (for example, heavy medical or skilled nursing tasks).

Commonly provided services include:

- Assistance with daily living / personal care (bathing, dressing, toileting, etc.)
- Supervision or oversight 24/7 to meet scheduled and unscheduled needs.
- Medication assistance / medication management.
- Emergency response / safety features.

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- Adequate physical environment: private or semi-private bathing & toilet facilities; private unit; housekeeping; common spaces for activities.
- Food service / meals; dietician involvement when therapeutic diets are needed.
- Socialization and wellness activities.

Optional / Varying features:

- Memory care or dementia-specialized services in some ALs or designated AL units.
- Additional nursing or health-related services, depending on resident needs and facility capability.
- Transportation services.

To find out more about CJE SeniorLife's many services and programs, visit www.cje.net or call at 773.508.1000.



Since 1972, CJE SeniorLife has been dedicated to helping older adults live better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values. We enhance the lives of older adults and their families regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity, or national origin.

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CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.

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