

Step Into Their World

Are you caring for someone living with dementia?

Discover Dementia Reality

Our innovative program utilizes advanced virtual reality (VR) technology to immerse you in the experience of living with dementia. This unique approach allows you to:

Build Deeper Empathy: Experience firsthand what it's like to live with dementia, fostering a greater connection with your loved one.

Transform Your Caregiving: Learn essential caregiving techniques and strategies that can significantly improve both the quality of care and the quality of life for those you care for.

Who Should Attend?

- New family caregivers seeking guidance and support.
- Experienced caregivers aiming to deepen their understanding and skills.
- Anyone dedicated to providing compassionate, informed care.

Join us and transform your caregiving journey!

Thursday, February 27, 2025 • 10 am-12:30 pm

Adult Day Services—Evanston, 1015 Howard Street, Evanston IL In-person.

\$35 suggested donation.

Registration required. To register or for more information contact: Sarah Cohen, MPH Manager of Cognitive Wellness, ADS sarah.cohen@cje.net or 847.492.1400



CJE SeniorLife **Elderwerks** dementiareality.org Dementia Reality is a partnership between CJE SeniorLife and Elderwerks Educational Services. 1576.1.2025