

cje SeniorLife 

LIFE

OUR QUARTERLY MAGAZINE
WINTER 2021/2022

The selfless acts of kindness our employees perform everyday continue to astonish us!



Meet the Three Deserving
New Heroes Named 2021
Employees of the Year!

*Resurfacing After Lockdown
Making You Anxious?
You're Not Alone!*

*Plus—Annual Donors
and Vendors*

Inside CJE

Celebrate CJE 2021 Raises \$721,000! We are pleased to report that, so far, this amount was raised to support the agency's programs and services. To view the Celebrate CJE video (with Tovah Feldshuh performance), visit cje.net/celebratecje2021.



Save the Date for Celebrate CJE 2022. This event will be tremendously significant next year, as the theme will include a commemoration of CJE's 50th Anniversary with all the excitement and joy that entails! So, mark your calendars for Sunday, September 18, 2022. It will be in-person at the beautiful Palmer House Hilton.

Beloved Member of Leadership Leaves CJE After 19 Years. Carole Klein-Alexander, VP of Marketing Management, is pursuing a PhD to train for a career as a Literacy Coach. We wish all the best for Carole. Paisley Valentincic, formerly of Tamarisk NorthShore, has assumed the role of VP of Marketing and Sales at CJE.



Babi Yar Massacre 80th Anniversary Commemorated.



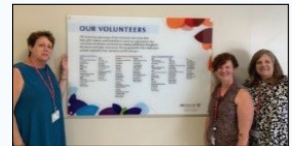
In September, the Illinois Holocaust Museum & Education Center and CJE's Holocaust Community Services (HCS) held an event that included a presentation, music, and a candle-lighting ceremony.

CJE Welcomed Researchers from Brazil to Tour Housing Options. They are pictured atop the Village Center roof along with CJE's David Guthridge (L), Executive Director of Housing, and Dr. Margaret Danilovich (2nd from R), Senior Director of Leonard Schanfield Research Institute (LSRI).

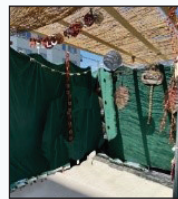


LSRI Researchers Attend Gerontological Society of America Conference. Drs. Margaret Danilovich, Rachel Lessem, and Rebecca Berman presented a symposium and six research papers.

Inaugural Volunteer Honor Board Installed. Volunteer Services Staff (L-R: Marla Goldberg, Julie Han, and Barbara Milsk) pose with the vibrant board acknowledging the wonderful service of CJE's selfless volunteers.

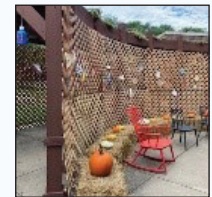


Sukkah Donation Delights Tamarisk NorthShore.



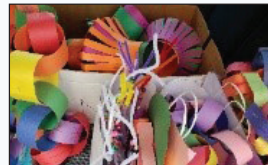
Tamarisk, which was only a year old, found itself without a sukkah for the upcoming Sukkot festival. But a friend of resident Evie Friedman came to the rescue and donated this beautiful sukkah which the residents enjoyed.

Weinberg Community Celebrates Sukkot. A graceful sukkah is set up at Weinberg Community for all to celebrate one of our favorite festivals.



Colorful Sukkah Decorations Donated to Weinberg Community.

Hillel Torah North Suburban Day School art students and children at Moriah Early Childhood Center provided them. If you look closely, you might find them in the sukkah above!



HCS Connected Survivors with Dental Care.

Jewish Chicago: The JUF Magazine detailed how the Alpha Omega-Henry Schein Cares Holocaust Survivors Oral Health Program relied on HCS to screen appropriate clients to take part in the program to receive free dental services. Read the full article: juf.org/Mag/tmpl-article.aspx?id=45167.



DEI Moment. We celebrated November as Native American Heritage Month to acknowledge the contributions they have made to the building of the United States. When we refer to American Indians, we are in fact referring to hundreds of tribes with different languages, customs, and unique spiritual backgrounds. Of particular interest, First Americans celebrated the naming of Secretary Deb Haaland by President Biden as the first Native American to be a cabinet secretary. Haaland and her family (of Laguna Pueblo Tribe) has lived in New Mexico for 35 generations!

LIFE MAGAZINE STAFF

Vice President,
Marketing and Sales
PAISLEY VALENTINCIC

Manager,
Marketing and Communications,
and Managing Editor, LIFE Magazine
MARY KEEN

Creative Services Manager
ADAM LAZAR

Senior Digital Marketing Specialist
NICOLE BRUCE

Senior Digital Technology Specialist
LANA GORELOVA

Contributors
RACHEL LESSEM, JD, PHD
PRINTED BY ALLEGRA EVANSTON

What will your Jewish Legacy be?

Make sure CJE will be there for future generations by making a legacy commitment today.

Contact Stephanie Smerling,
Vice President of Resource Development,
at 773.508.1130 or
stephanie.smerling@cje.net.

Read Life Magazine online
WWW.CJE.NET/LIFE

Receive Life Magazine via email—
send your request to:
LIFEMAG@CJE.NET

We always strive for accuracy, but if
you have any questions or concerns,
please call 773.508.1024.

Donate to CJE SeniorLife at
www.cje.net/donate



CJE SeniorLife® is a partner with the
Jewish United Fund in serving our community.



VIEWPOINT

DEAR READER,

It is a great honor to introduce myself as CJE's new Vice President of People and Culture. I'd like to first explain the concept of people and culture, which might not be very familiar to some of you. There indeed has been a shift in attitudes in the field, and this is a more progressive and holistic approach. The people equation refers to human-based, rather than policy- or compliance-based matters. Thus, we hold that our employees are assets, and their contributions are highly valued. Simply put, if you treat people like people, they will be happier. It follows that this personal approach affects our culture, of course. Studies show that one job will be chosen over another because job seekers are attracted to an employer's culture. Culture is the unseen way that things work in an organization—the spirit that permeates it. A people-based culture creates a strong connection with employees and an organization is more than just a "workplace" and a position is more than just a "job." Through this culture, employees and organizations develop a relationship that engenders a mutual sense of respect, loyalty and appreciation.

People and culture is of the highest priority to us as we work toward being an Employer of Choice. We continue to strengthen our culture through programs like Employee Service Awards, Customer Service Awards, Employee of the Year Awards, President's Awards for Innovation, perfect attendance recognition, birthday and anniversary recognition, Fun Committee, picnics, holiday parties, food drives, and the JHealth and Wellness Program. And, coming in 2022 we will have a year's worth of 50th anniversary celebrations.

We already have a tremendously diverse workforce—one of the most diverse ones that I've experienced in my many years in the field. But it's not simply enough to recruit and hire people of different nationalities, races, religions, genders, sexual orientations, ages, and cultures. Everyone needs to feel like they are truly welcome, safe, and free to be themselves in their workplace. That is the culture we are fortunate to have at CJE SeniorLife—where employees have a sense of belonging, regardless of background or experiences, and one where they experience equal opportunity as well.

We have come through a very difficult time, and hiring has been slowed because of many uncontrollable forces, but we are back in operation and are at full hiring capacity. We welcome applications to CJE and suggest you check out our Careers page on our website. Take it from me, CJE is a great place to be!

Sincerely,

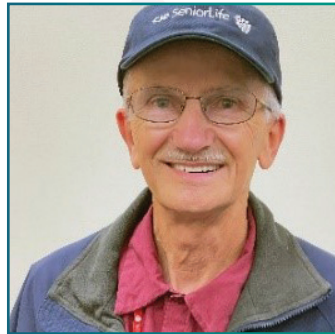
A handwritten signature in black ink that reads "Julius D. Pearson". The signature is written in a cursive style with a large, prominent "J" and "P".

Julius D. Pearson, JD, SPHR, SHRM-SCP
Vice President of People and Culture

THEY WENT ABOVE AND BEYOND: 2021 EMPLOYEES OF THE YEAR

CHUCK PUCHMELTER, ADULT DAY SERVICES (ADS) TRANSPORTATION DRIVER

Chuck was on the frontlines during the pandemic, providing transportation to the store and medical appointments during the ever-evolving situation. During this time, he also delivered meals to seniors isolated in the community. Our most vulnerable clients knew they could count on Chuck even during tough and uncertain times. Thank you, Chuck, for your devotion to our CJE values!



Chuck and his wife, married 43 years, live near Midway. He's an avid fisherman. His reaction:

"I've never won something like this. Anyone can win a raffle, but this...I was speechless! I drove for Home-Delivered Meals during the pandemic, and always wore masks and gloves, took temperatures—anything for safety. If I was taking a new client to ADS, I'd try to break the ice and ask how they were doing. If it was my first day, I know I'd be nervous, so I try to make them feel welcome. I believe in treating people with respect."

TERRI LOCOCO, PAYROLL MANAGER

Terri has been dedicated to her position since Day One! It's a very demanding and important role. Terri runs the Payroll Department solo and always goes above and beyond getting the payroll completed in a timely manner. Accuracy is also extremely important to Terri. There are times Terri would give up her evenings, weekends, and holidays to make sure every staff member is paid on time. Terri is always willing to advise staff regarding changes to deductions, and she stays current with new tax laws that will affect our paychecks. We are so grateful for her dedication and commitment to our financial well-being. Thank you, Terri, for doing an amazing job, 365 days a year.

Terri, born and raised in the Chicago suburbs, resides in Gurnee. She has worked at CJE for almost 10 years. Her reaction:

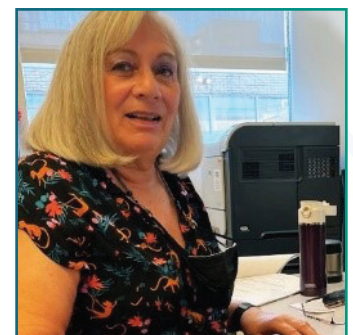
"The award is a nice thing to get. It's a great program. But, you know, I'm dependent on every single employee to do what they do to make it all work. To give you an idea about this job, I scheduled a booster shot recently, but then I realized that I might have a reaction to it. So, I rescheduled my appointment until after payroll because I couldn't take the chance that I'd be sick. I've scheduled my vacations around payroll! It is what it is."

DIANA DIAZ, HOUSEKEEPER AT ROBINEAU RESIDENCE

Diana embodies and enlivens each workday with CJE's values of Respect, Compassion, and Dignity. Over the years, when snowstorms paralyzed the city, Diana has braved impassable roads to get to work by 6:30 am. She is also the eyes and ears of management, keeping up with the changing needs of residents. Diana takes on extra duties if asked, knowing that a meticulous standard of cleanliness keeps our residents healthy. Diana is most deserving of this award, and we greatly appreciate her commitment to CJE and Robineau residents. Thank you, Diana.

Diana, who is the mother of two, reacted to the award:

"I had already received a few nominations in the past, but I had never won. Then out of the blue, I received a phone call from CJE's President Dan Fagin congratulating me on my selection for this award. It was amazing! I was totally surprised. I will do anything for the people here. I am always there for my residents...they are like my family."



GO TO WWW.CJE.NET/DONATE

TAMARISK CHEF COOKS UP CULINARY DELIGHTS

By Paisley Valentincic, Vice President, Marketing and Sales



Elgin Jackson, Executive Chef

As soon as you meet Tamarisk NorthShore's Executive Chef, Elgin Jackson, you will see that he truly loves his work. As he goes about his day, his light-hearted and cheerful disposition shines through while interacting with residents, guests, and other staff members. His creativity and leadership set him apart not only when designing culinary experiences, but also because of his ability to connect with others and support the Tamarisk team.

Chef Elgin joined CJE SeniorLife at the end of July in 2021 and settled in just in time to celebrate Tamarisk NorthShore's first anniversary in August. He brings to Tamarisk a wealth of experience from over 40 years of working in hotels, fine restaurants, and senior living communities, including serving on the opening team for Vi at The Glen. Elgin continued with other executive roles that took him to Florida, California, and back to Illinois.

"Cooking is my passion," says Elgin. "My experiences in a variety of upscale dining venues inspired me to bring those same practices and creativity to Tamarisk NorthShore. I want our residents and guests to have a remarkable experience every time they dine with us."

Elgin's talents complement the existing culinary team, many of whom have been in place since Tamarisk opened in 2020. His leadership style embraces their expertise and skills, but also supports their desire to try new ideas. This was evident at our recent gourmet theme night, where the team presented an elegant menu with a field green salad, braised lamb shanks, and roasted wild mushroom-stuffed quail. The final flourish was a slice of delicious triple chocolate fudge layer cake and sugar-free dessert trio!

You can enjoy all the great food, amenities, and programs of Tamarisk NorthShore! Lovely floor plans are still available, and we offer flexible lease and moving packages. All COVID-19 safety protocols are being followed. Contact us at 847.597.8772 or info@tamarisknorthshore.com to take a tour and stay for lunch ...on us!



SEE WHY EMPLOYEES CHOOSE CJE SENIORLIFE

By Mary Keen

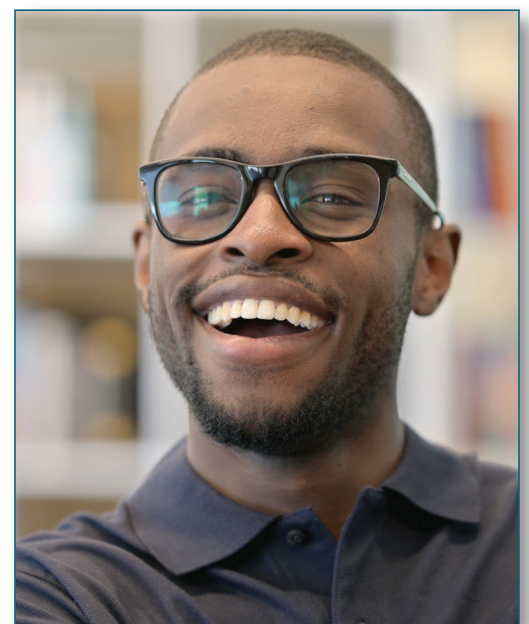


We know that today's workers have more job options than ever before. At CJE SeniorLife, our goal is to make sure that those who are ready to "make a move" also make a conscious decision to select CJE as their next employer and then opt to stay with us for the long term—even when presented with a dizzying array of incentives, inducements, and guarantees from other organizations. That's what being an Employer of Choice means.

Because CJE's activities are informed by our values of Respect, Advocacy, Compassion, Intention, Innovation, and Accountability, people are aware of the uniqueness of CJE. Over time, we've burnished our reputation as a workplace that cherishes meaningful work and partnerships, a positive culture and work environment, and a healthy work-life balance. Thus, it's all about CJE's reputation—which cannot be bought—that comes from its earnest and precise adherence to its values.

We are compassionate!

We are advocates!



We are accountable!

We are intentional!

We are innovative!



As we progress in our quest to be an Employer of Choice, making it a reality means a constant and strict adherence to the following tenets.

CJE SeniorLife:

1. Recognizes Workers' Efforts with Thanks.

To recognize the hard work and dedication of our fellow staff members, three employees (see page 4) are nominated annually by their peers and managers to be Employees of the Year. The award—a custom framed memento that also includes a cash component—is designed to recognize employees whose commitment to CJE's values and hard work exceeded expectations. As you will see from their stories, these employees gave a great deal of themselves so that the lives of our clients and their fellow employees were helped in some way—some at tremendous sacrifice. Congratulations to all!

2. Promotes from Within.

To fulfill our goal to maintain a strong workforce, we reward excellence with advancement of internal candidates whenever possible. In the last six months a total of 12 employees received promotions and advanced in their careers at CJE. Congratulations to all! We have a strong commitment to internal training and mentoring, and CJE will continue with staff development activities so that more may continue to grow in their jobs.

3. Embraces Diversity, Equity, and Inclusion (DEI).

We support all aspects of diversity, equity, and inclusion at CJE. DEI is at the foundation of our great organization, and we are proud of our longtime record of walking the walk. We welcome those of diverse backgrounds to CJE, always encouraging fairness and participation.

There are many other unspoken ways that CJE welcomes employees and brings them into its fold. You just need to ask a few employees to find out what it's like to work here. They'll be happy to tell you.

Join the CJE Team! We've got openings for the following: Line Cook, Maintenance, Dining Service, Receptionist, Resident Assistant, Activity Program Aide, and many more. We offer excellent benefits. Call 773.508.1000 to inquire or go to our career page at cje.net/careers.

We are respectful!



**OPENINGS AVAILABLE AT
OUR DEERFIELD CAMPUS!**

"We have a terrific team that exudes culinary perfection at Tamarisk. This, along with our five-star service, makes Tamarisk NorthShore an exciting place to be. Potential staff jump at the chance to join our both Tamarisk NorthShore and Weinberg Community because they are great places to work ... and, of course, we have fun!"

—Dorge Jean Baptiste,
Director of Dining Services

THE REOPENING CONUNDRUM

THOUGH LONG-AWAITED, REOPENING CAUSES ANXIETY FOR MANY

By Sharon Dornberg-Lee, Clinical Supervisor, CJE Counseling Services



If you feel anxious about going out post-lockdown, you are not alone. It is normal to experience “reopening anxiety.” A recent survey found half the people asked—vaccinated or not—were uneasy about resuming face-to-face interactions.* Besides anxiety, reopening after COVID may also trigger fear, anger at those “doing things differently,” sadness, and grief, as well as eagerness to return to normal. The reopening conundrum is complex, but, fortunately, there are strategies to help reduce this anxiety, and many available resources and services.

HAVE THOSE DIFFICULT CONVERSATIONS

It can be difficult to discuss sensitive topics with peers or family members when there is strong disagreement. It may help to remind yourself that many choices are rooted in common values: even when we come to different conclusions about the best course of action for ourselves and our families, often because we trust different sources of information, we all want our families to be safe. Try to reflect back what you are hearing, even if you don't agree. Politely and assertively make your needs known, and don't hesitate to bow out of plans with others if your needs can't be met. Remember to remain respectful of others even if you disagree with their choices.

WHY WE'RE ANXIOUS

Ambiguity of Guidelines. We all know that guidelines have continued to evolve with new studies and data released nearly every day. We suggest you always follow the science and current guidance from the Centers for Disease Control (CDC), which can be found at: [cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html). When in doubt, always discuss what these guidelines mean for your particular situation with your health care provider.

Unclear Social Expectations. We're at gatherings and wonder if we have to wear a mask or if we can ask someone if they're vaccinated, questions we never imagined we'd be faced with asking.

Incomplete Knowledge About COVID-19. It's a very new disease and there is a lot we still don't know about it.

Fear About Serious Risks to Health. People want to keep their families safe and worry about breakthrough cases or long-term impacts.

Extreme Emotions Tied Up With Masks. There's a great deal of distrust and anger about the issue, from those who resent having to wear them to those who are anxious about others not wearing them or wearing them improperly.





STRATEGIES FOR REDUCING ANXIETY

In general, we recommend that you be aware of your own level of risk tolerance and work within that framework. Use a layered approach to reduce risk (like masking, vaccination, and social distancing). It's important to focus on what you can control, rather than the behavior of others (which you cannot). Try to put into practice the following:

1. **Communicate.** Talk openly about your concerns with family and friends.
2. **Practice Visualization.** In a face-to-face encounter: Imagine yourself separated by an invisible safety shield. Imagine “breathing in safety” and “breathing out fear.”
3. **Gradual Exposure Technique.** Try one small face-to-face gathering outside before rushing headlong back to your old activities. As comfort increases, slowly add more activities, working from least frightening to those that are more challenging. (Always stay within your own level of risk tolerance and recommended safety guidelines.)
4. **Monitor Your Self-Talk.** Try changing extreme thoughts that increase anxiety (“If I go out I will get COVID and end up on a ventilator!”) to more balanced ones (“There is some risk, but since I am vaccinated, it is unlikely that I will get sick.”)
5. **Rely on the Evidence.** Information from the CDC, World Health Organization, and reputable news outlets are recommended.
6. **Try Mindfulness and Meditation.** (See Resources)

* [apa.org/news/press/releases/2021/03/one-year-pandemic-stress](https://www.apa.org/news/press/releases/2021/03/one-year-pandemic-stress)

CJE SeniorLife offers counseling services provided by licensed clinical social workers, now available via telehealth and, on a case-by-case basis where needed, with face-to-face appointments following CDC guidelines. These services are covered by Medicare and other insurance. Call 773.508.1000 for appointments.

RESOURCES

- Mindfulness with Chloe: cje.net/events/mindfulness-chloe
Each Friday, Chloe Gremaud, LCSW, leads group mindfulness exercises.
- InsightTimer: insighttimer.com
The largest library of guided meditations on earth.
- My Life Meditation App: my.life
Check in with how you're feeling, and try short activities tuned to your emotions.
- Institute on Aging Friendship Line: 800.971.0016
A 24-hour warmline for older adults who need support.
- JCFS Warmline: 855.275.5237
Monday-Thursday, 9 am to 5 pm and Friday, 9 am to 4 pm CST.
- Illinois Warmline: 866.359.7953, then press 2, then 5
Monday-Friday, 8 am to 5 pm CST.
- National Suicide Prevention Lifeline: 800.273.TALK (8255)
When someone you know is in crisis—whether they are considering suicide or not—please call.
- NAMI Chicago Helpline: 833.626.4244
Mental health counselors available, operating Monday-Friday, 9 am to 8 pm, and Saturday & Sunday, 9 am to 5 pm CST.

FOR THE HEALTH OF IT

LEGAL SERVICES LEAD TO BETTER HEALTH!

Guest Contributor: Rachel Lessem, PhD, JD



We know an annual check-up or physical with a doctor helps people stay healthy, but a check up with a lawyer can be good for your health, too. Most people with legal issues don't even know that they have them. And many of these unrecognized legal issues can be bad for one's health. To provide the most comprehensive care, medical providers, and lawyers have teamed up through a model called a Medical

Partnership (MLP) to address both the medical and legal needs a person may have.

MLPs were first started by pediatrician Barry Zuckerman in 1993 at the Boston Medical Center. He was troubled by young patients who had chronic asthma problems. Despite medical care, these children continued to suffer. Dr. Zuckerman realized these children's homes often had issues with mold or rats that landlords had refused to address. Some homes had their utilities turned off, and the resulting cold caused the children's asthma to flare up. As a doctor, he alone could not fix these housing and landlord problems.

He added lawyers to the medical team. Lawyers forced landlords to clean up apartments and worked with families to appeal these denials of benefits and turn utilities back on. When lawyers joined the medical team, patients' health improved.

Now, there are over 450 MLPs nationwide resolving legal issues impacting health for nearly 75,000 people. Research shows that receiving services through an MLP reduces stress and anxiety, improves quality of life, and results in fewer hospital admissions. In fact, one study found that just talking to an attorney, before the legal issue was even resolved, resulted in better mental health. Studies have shown that clients of MLPs had more stable housing and increased their income after receiving legal services. A nationwide study of MLPs demonstrated that MLP clients were better able to follow their doctor's orders, adhere to medication regimes, and had better and more regular access to healthy food.

One of the benefits to MLPs is that they fully address social determinants of health or the places in which people live, learn, work, play, and age. Nearly 60% of our health is determined by these social factors. There is a clear need for legal services

among older adults, yet many do not have their legal needs addressed. Research from the Legal Services Corporation finds that 56% of low-income older adults have at least one legal need, 10% have six or more legal needs each year, and sadly, 87% of these legal needs go unmet. Importantly, 33% of these legal needs are health-related, showing how critical legal help is to maintaining good health.

People do not have their legal needs met for many reasons. Some people don't know where to go for help. Some people can't afford help; they make too much for legal services but too little to afford a private attorney. Some people don't even know they have a legal issue. The ever-widening chasm between legal needs and legal services to meet those needs is often referred to as the "the justice gap." This gap emphasizes the inequalities present in our society.

The acronym I-HELP is used to screen for legal issues, with the letters representing Income—Housing—Employment/Education—Legal Status—Personal/Family Stability. Income: Denial of benefits is an example of an issue that affects income. Lack of food stamps, disability, or veterans' benefits can cause people to make trade-offs between affording food and health care, including medications. With legal help to secure those benefits, fewer of these trade-offs are required, which can lead to better health outcomes. Also with legal help, a person can secure housing subsidies, improve substandard housing, and prevent evictions. Personal/Family Stability: A stable, decent, and affordable home helps people follow their medical treatment plans and avoid costly emergency room visits. Advance care planning provides personal and family stability for the future in the form of Powers of Attorney, as well as wills and other legal documents.

There is a movement to support more MLPs to do this important work. You may contact your US Representative and ask them to support HR 5241—The Linking Seniors to Needed Legal Services Act—which will provide money to states to fund MLPs. Let us all be reminded of the obligation to pursue justice. Tzedek, tzedek tirdof—Justice you shall pursue.

The CJE Legal Help Desk is available to provide you with a legal check-up. Contact us at 773.508.1086 or LegalHelpDesk@cje.net.

Support the Businesses that Support CJE SeniorLife



CJE SeniorLife is grateful for the ongoing support of our Celebrate CJE adbook sponsors. We encourage you to reference this list when you're looking for one of the many professional services that they offer.

Accounting & Tax Services

Johnson Goldberg and Brown Ltd.	Gary Johnson		847.673.5740
Kutchins, Robbins & Diamond Ltd.	Leonard H. Popowcer, CPA	krdcpas.com	847.278.4341
Positive Financial Solutions	Rich Kraybill	positivefinancialsolutionsllc.com	847.909.3323
RSM	Christine Hanover	rsmus.com	312.634.3400

Art & Literature

Dream Image Press LLC	Dr. Elana Ashley	drelanaashley.com	
-----------------------	------------------	-------------------	--

Beauty & Retail

Abt Electronics	Karen Carr	abt.com	847.967.8830
Interstate Books4School	Amy Fields	books4school.com	800.752.3131
McGrath Evanston Subaru	Evan Paddor	evanstonsubaru.com	(847.869.5700
Stationery Station Ltd.	Mrs. Sheryl Oberman	stationerystation.com	847.432.3044
Teddie Kossof Salon Spa	Alan Kossof	teddiekossof.com	847.999.9500

Business Resources

Kittleman & Associates	Megan Monaco	kittlemansearch.com	312.283.8415
Northbrook Office Rentals LLC	Matt Ebner	northbrookofficerentals.com	847.480.1020
Protiviti Inc.	Tom Andreesen	protiviti.com	
Staffing Together LLC	Carey Rothbardt	staffingtogether.com	847.908.8833
Staffing Together LLC	Benjamin Salzberg	staffingtogether.com	847.908.8814
Tuft & Associates	Mary Ann Tuft	tuftassoc.com	312.642.8889

Design, Printing & Video

Allegra Marketing Print Signs	Frank Muns	allegramarketingprint.com/locations/evanston-il	847.864.9797
Scadron Outdoor Advertising	Robert B. Scadron	scadron.com	312.666.7500

Entertainment

Mark Hoffman: Pianist			847.404.9813
Northbrook Symphony Orchestra	Vera Mayer	northbrooksymphony.org	847.272.0755

Financial Institutions

CIBC Bank USA	James Feldman	us.cibc.com	312.564.1219
First Bank Chicago	Amanda Santi	firstbankchicago.com	847.272.7800
Highland Park Bank & Trust	Jon Levey	highlandparkbank.com	847.432.9988
Libertyville Bank & Trust Company, N.A.	Jon Levey	libertyvillebank.com	847.367.6800

Financial Planning

Altair Advisers LLC	Steven Weinstein	altairadvisers.com/	312.429.3013
Gofen and Glossberg LLC	Charles Gofen	gofen.com	312.832.1516
Northwestern Mutual	Kenneth Fox	northwesternmutual.com	847.663.7098
The Loewenthal Group	Rod Loewenthal	advisors.ubs.com/lg	847.564.7170

Food & Beverage

Max & Benny's	Ben Schlan	maxandbennys.com	847.272.9490
Shaevitz Kosher Meats & Deli	Michael Shaevitz	shaevitzkosher.com	847.432.8334
The Sandwich Club	Maury Aaron	thesandwichclub.net	847.677.6020

Healthcare

Dr. Mark Berman, DPM			847.674.1660
Dundee Pharmacy Inc.	Irene Macklin	dunderx.com	847.480.1000
Kraff Eye Institute Ltd.	Dr. Cheryl Kraff Cooper	kraffeye.com	312.444.1111
North Suburban Hearing Service Ltd.	Phyllis Stern-Weisman, Au.D., FAAA, CCC-A	northsuburbanhearing.com	847.966.0060
Whitehall of Deerfield	Ashley Blankstein-Delaney	whitehallofdeerfield.com	847.945.4600

Home Décor

Blutter/Shiff Design Associates	Janet Blutter Shiff, ASID	bluttershiff.com	312.467.9054
Cabinets City	Bayram Gulsen	cabinetscity.com	847.999.3388
Decorating Service	Michael L. Friedman		847.912.8584
Idlewood Electric Supply Inc.	Ms. Barbara Lansing	idlewoodelectric.com	847.831.3600
Leslie M. Stern Design Ltd.	Leslie Markman-Stern	LeslieMSternDesign.com	773.248.2049
Lowitz & Company	Ted Lowitz	lowitzandcompany.com	773.784.2628
Pamela Weiner Home	Pamela Weiner	pamelaweinerhome.com	847.507.5227

Home/Business Services

Adamson Plumbing Contractors Inc.	Chris Eisenhauer	tpadamson.com	312.492.7600 x102
American Weathermakers	Stephen Adamitis	americanweathermakers.com	847.509.2082
Eugene Matthews Inc.	Oliver Colon	emiusa.net	312.228.4829
Fox Valley Fire and Safety	Jason Matousek	foxvalleyfire.com	847.695.5990
Frank H. Stowell & Sons Inc.	Sam Stowell	fhstowell.com/general-contractor	847.329.9200
Harling Inc.	Jeff Dickson	harlinginc.com	312.228.4849
Lower Electric		lowerelectric.com	847.272.0700
Ron's Landscape & Snow Removal	Kathy Faulkner		847.398.5689
SimpleComm Solutions Inc.	Steven Levine	simplecommsolutions.com	312.715.1600
USA Wireless Satellite TV	Warren Schoen	usawireless.tv	847.831.4561 x011
West Town Mechanical	Nick Marino		773.318.4679

Insurance

Equitrust Life Insurance Co	Paul Miller	equitrust.com	312.702.3399
Eugene Cohen Insurance Agency, Inc.	Eugene Cohen	cohenagency.com	847.674.4390
Goldstein Financial Group LLC	Allan Goldstein	goldsteinfinancial.com	847.943.0701
Hokin Services	Sheri Hokin	hokinservices.com	847.562.9707
Mutual of America	Nermine Kulafovski	mutualofamerica.com	708.836.0644
Veronica Siegel Insurance Agency	Veronica Siegel	ronisiegel.com	312.751.0500

Jewish Life

Anshe Emet Synagogue	Boni Fine	ansheemet.org	773.281.1423
Chicago Jewish Funerals	David Jacobson	chicagojewishfunerals.com	847.229.8822
Congregation Beth Shalom	Michael Garlin	bethshalomnb.org	847.498.4100
Keshet/Gadol	Jennifer Phillips	keshet.org	847.205.1234
North Shore Congregation Israel	Todd Braman	nsci.org	847.835.0724
North Suburban Synagogue Beth El	Rabbi Michael Scwab	nssbethel.org	847.432.8970
Rochelle Zell Jewish High School	Stephanie Sanderman	rzjhs.org	847.324.3720

Shalom Memorial Park	Micha Singerman	shalom2.com/jewish-cemetery	847.255.3520
Temple Jeremiah	Rabbi Paul Cohen	templejeremiah.org	847.441.5760
Waldheim Cemetery	Sarah Isaacson	waldheimcemetery.com	708.366.4541
Zion Gardens Cemetery	Sarah J. Isaacson	ziongardenscemetery.com	773.736.2553

Legal

DLA Piper US LLP	Allen Ginsburg	dlapiper.com/en/us	312.368.4025
Dutton Casey & Mesoloras, PC	Vicky Fleming	duttonelderlaw.com	312.371.0954
Dykema Gossett PLLC	Gary Segal	dykema.com	312.876.1700
Fischel & Kahn Ltd.	Robert W. Kaufman	fischelkahn.com	312.726.0440
Gould & Ratner LLP	John Byrne	gouldratner.com	312.228.4526
Hamilton Thies & Lorch LLP	Kenneth Lorch	htl-law.com	312.650.8650
Katz & Stefani LLC	Andre Katz	katzstefani.com	312.364.9000
Law Offices of Steven H. Peck Ltd.		pecktrust.com	847.940.0607
Margolis Weldon LLC	Matthew Margolis	margolisweldon.com	847.457.3377
Monahan Law Group LLC	Joseph T. Monahan	monahanlawllc.com	312.419.0252
Much Shelist	David Brown	muchlaw.com	312.521.2000
Patzik, Frank & Samotny Ltd.	Susan G. Berman	pfs-law.com	312.551.8300
Polsinelli Shughart PC.	Meredith Duncan	polsinelli.com	312.819.1900
TR Law Offices LLC	Teri E. Robins, JD,MBA	trlawoffices.com	847.682.0462
WhiteheadFink Elder Law LLC	Elizabeth Fink	whiteheadfink.com	773.906.5752

Real Estate

@Properties	Ted Pickus	atproperties.com/agents/2802/ted-pickus	847.432.0700
ARCO/Murray	Morgan Waldron	arcomurray.com	312.241.9976
Banner Real Estate Group	Bill Henry	bannerrealestategroup.com	847.656.5178
Bridge Industrial	Nick Siegel	bridgeindustrial.com	312.980.2064
Debbie Miller Cohen		debbiemillercohen.bairdwarner.com	847.414.9930
Gale Goldstick Properties	Gale Goldstick	galegoldstick.com	773.895.8572
Susan Ringel Segal: @Properties		atproperties.com/agents/susansegal	847.542.5747

Senior Care

Care Patrol	Eric Klein	carepatrol.com/advisors/eric-klein/northshore	847.653.1213
Companions for Seniors Inc.	Samuel Tatel	companionsforseniors.com	866.910.9020
Elderwerks Inc.	Jennifer Prell	elderwerks.org	847.462.0885
Freedom Home Care and Medical Staffing	Francine Brodsky	freedomhomecare.net	847.433.5788
Gentle Home Services	Gregg Berliant	gentlehomeservices.com	847.444.1222
Home Instead Senior Care	Jacqueline & Michael Melinger	homeinstead.com/location	847.673.1250
Right At Home	Matthew Field	rightathome.net	847.374.8400
Senior Lifestyle Corporation	Kristina Januskaite	seniorlifestyle.com	312.673.4333
The Breakers of Edgewater Beach	Kristin Milton	seniorlifestyle.com/property/illinois/the-breakers-at-edgewater-beach	773.878.5333

Social Services

AgeOptions	Carol Mattar	ageoptions.org	708.601.3730
IBZ Coaching	Ilene Berns-Zare	ibzcoaching.com	847.309.6373

Wealth Management

BMO Family Office	Heather Gilroy	wealth.bmoharris.com/our-services/tax-planning-strategies	503.778.2345
Great Mountain Capital Management LLC	Aaron Shafter	greatmountaincapital.com	847.227.8809
Merrill Lynch	Michael Sullivan	local.ml.com/oak_brook_il	630.954.1000
New Vernon Wealth Management	Daniel Shapiro	newvernonwealth.com	847.926.5700

We are the grateful beneficiaries of our community's trust.

On the following pages, we thank the individuals, families, businesses, philanthropic organizations, foundations, and government agencies that helped us provide services from July 1, 2020–June 30, 2021.

Board of Directors

Chair

Marc L. Berman

Vice Chair

Michael Saltzman

Secretary

Terri Freeman

Treasurer

James M. Feldman

President & CEO

Dan Fagin

Directors

Julia Bikbova

Eve S. Biller

Charles M. Bley

Sam P. Brilliant

Arnold F. Brookstone*

Dennis J. Carlin*

Alan M. Ellenby

Daniel N. Epstein*

Vern Gideon

Bill Goldberg*

Allan Goldstein

Jeffrey Graff, MD

Alan I. Greene*

Nicole Katz

Michael E. Koen

Sondra F. Kraff

Robert Landsman

Bruce J. Lederman*

Sandra J. Lerner

Jack M. Levin*

Steven J. Levine

Mitchell Lifson

Kenneth F. Lorch

David Macknin

Leslie Markman-Stern

Paul Miller

James C. Mills*

Sylvia Novick

Vicki E. Pines

John E. Pomeranz

Susan A. Reese

Dr. Carlton R. Resnick

Carey L. Rothbardt

Mally Z. Rutkoff*

Stephen P. Sandler*

Robert L. Schlossberg*

Joel Schneider

Michael Schultz

Susan Ringel Segal

Judy L. Smith*

John Sobel

Kyle Stone

Abbe Temkin

Don C. Trossman

Sarah Warren

Kalman Wenig*

Rabbi Carl Wolkin

Leonard A. Worssek*

Ned Zallik, MD

CJE Endowment Foundation Board

Marc L. Berman

Jay Canel

Karen Galin

Allan Goldstein

Scott Heyman

Debbie Schroyer Karmin

Kenneth F. Lorch

Marci L. Shapiro

The CJE Endowment Foundation was created in partnership with the Jewish Federation's Agency/Day School Endowment Program, which was established to ensure that CJE SeniorLife and our sister Agencies have the necessary resources to meet growing and evolving Jewish community needs. All commitments are recognized as gifts to the Jewish Federation's Centennial Campaign.

CJE Associate Board

Nicholas Siegel, Chair

Jason A. Chess

Jordan S. Edelman

Zachary Goldstein

Aaron Greenberg

Adam S. Guetzow

Ryan Hess

Amy Hurwitz

Rebecca Kanter

Rachel Levy

Alexandra Cohen Markovich

Debra Pogofsky

Ariana Rasansky

Ryan Schraier

Ari M. Silver

Leah Solomon

Matthew P. Teinowitz

Sam Teper

Danielle Weiss

Carly Cooper Wolff

Alon Z. Yonatan

* Past Board Chair

Contributors

\$100,000+

Anonymous
The Crown Family Foundation
Jacob J. Fink Charitable Foundation
Bernard Heerey Family Foundation
Jewish United Fund/JFMC
David C. & Sarajeon Ruttenberg Arts Foundation

\$50,000–\$99,999

Alvin H. Baum Family Fund
Mr. and Mrs. Howard Garoon
Harriette and Ted Perlman
Charles & M.R. Shapiro Foundation Inc.
Leonard H. Sherman
The Swartzberg/Zoller Family Foundation

\$25,000–\$49,000

Anonymous
Lester and Edward Anixter Family Foundation
Sharen and Marc Berman
Joseph and Bessie Feinberg Foundation
Healing Illinois
The Inverscot Fund
Niles Township

\$10,000–\$24,999

Modestus Bauer Foundation
BLS Family Foundation
Fred J. Brunner Foundation
Henrietta Lange Burk Fund,
Bank of America, N.A., Trustee
Paul and Pearl Caslow Foundation
CIBC Bank USA
Crown Family Foundation
Adrienne Drell and Franklin Nitikman
Gilbert and Jacqueline R. Fern Foundation
Terri and Michael Freeman
Adrienne and Irwin Friedman
Max Goldenberg Foundation
Robert L. and Sylvia M. Haag Supporting Foundation
Michael E. Koen and Joyce Grenis
Lazarus Charitable Foundation
Lillian and Maurie Lipsey
Endowment Fund
The Malkin Family
Gerald O. Mann Charitable Foundation
Meals on Wheels America
Lois Melvojn
James C. Mills
New World Somewhere
Vicki and Gary Pines
Morris and Judith Rosenzweig Family Foundation
Allison and Brad Schneider
Sheila and Ira Stone
Taxman Family Foundation
Weinberg Family Foundation
Enid and Kalman Wenig

\$5,000–\$9,999

Alzheimer's Foundation of America
Susan and Joseph Ament
Banner Real Estate Group
Biff Ruttenberg Foundation
Eve and Richard Biller
Esther and Charles Bley
Bridge Industrial
Robyn and Sam Brilliant
Joan and William Brodsky

Dennis J. Carlin
Chicago White Sox
Coalition of Limited English Speaking Elderly
Nita and Alan Corre Family Fund
Raquel Corre
Elizabeth and Kent Dauten
Dr. Scholl Foundation
Dykema Gossett PLLC
EquiTrust Life Insurance Company
Galter Foundation
Gentle Home Services Inc.
Dr. Betsy R. Gidwitz
Judy and Bill Goldberg
Marsha and Allan Goldstein
Gould & Ratner
Judy and Dr. Jeffrey Graff
Carol and Alan Greene
Ellen and Michael Gross
Hamilton Thies & Lorch LLP
Rachel Hayman and Ed Michael
David C. Kleiman
Julie and Harry Kraemer
Sondra F. Kraff
LA-CO Industries Inc.
Arona and Robert Landsman
Dawn and Steven Lavin
Sandra and Dr. Wayne Lerner
Susan and Kenneth Lorch
Sondra and Max Lorig
The Malkin Family
Leslie Markman-Stern and Phillip L. Stern
Elinor and Maynard Marks Family Fund at The
Chicago Community Trust
Morrison Community Living
NorthShore University HealthSystem
Sylvia Novick
George and Sarah Ohlhausen Foundation
Protiviti
Susan and Howard Reese
Paula and Dr. Carlton Resnick
RRF Foundation for Aging
Ellen and Steven Rogin
Sheli and Burton Rosenberg
RSM US LLP
Mally Z. Rutkoff
Michael Saltzman
Leatrice and Stephen Sandler
Susan and Gary Segal
Harry Seigle
The Service Club of Chicago
Lester & Edna Shapiro Family Foundation
Karen and Hal Sider
Linda Soreff Siegel
Lois Simon Charitable Foundation
Shari and Mark Slavin
Rae and David Smerling
Judy L. and Michael Smith
Deborah and John Sobel
Janis and Don Trossman
Mr. and Mrs. Joel Weisman
Carol A. Wootton

\$2,500–\$4,999

Allegra Marketing Print Signs
Helen and Michael Arkes
Robert H. Asher
The Baila Foundation

Alexander Belenky
Benj E. Sherman & Sons Inc
Ruth and Dr. Michael Blum
The Chicago Community Trust
Consulate General of Israel
Mary Lynn and Michael Dicker
Eighty-Eight LLC d/b/a Hershey Felder Presents
Susan and Alan Ellenby
Kari and Dan Fagin
Brenda and Lawrence Feis
Gerald Freedman
Susan and Stuart Fried
Honey L. Goldberg
Dr. Jay Goldstein and Marc L. Matlin
JBS Foundation
Lori and Mitchell Kahn
Katten Muchin Rosenman LLP
Barbara and Dennis Kessler
Lori and Tony Khanuk
Judy and James Klutznick
Frances H. Krasnow and Seth Pines
The Kroger Co. Foundation
Jan and Dr. Jerome Loew
Lauren and Todd Lustbader
Gloria and Eric Matlin
The Harvey L. Miller Family Foundation
Nicol Gas
OCA Ventures
Trish and Matthew O'Connor
Sandra and Michael Perlow
The Perlstein Foundation
RMC Mechanical
Jill and Michael Rosenbaum
Holly and Carey Rothbardt
Julie and Robert Schlossberg
Sari and Michael Schultz
Jodie and Gary Segal
Lindsay and Evan Stein
Miriam Toney
Sarah Warren and Jason Amrani
Jane Woldenberg
Lisa and Richard Worsak
Cindy and Dr. Ned Zallik

\$1,000–\$2,499

AgeOptions
Howard I. Aronson
A.N. and Pearl G. Barnett Family Foundation
Gary Belkin and Edward Tuder
Christine Bell
Jane and Herbert Beller
Buni and Jordy Berger
Nicole and Dave Berger
Joanne and Lawrence Blankstein
Howard Blum
Linda and Mark Blumenthal
The Robert Thomas Bobins Foundation
Marcy and Gregory Carlin
Jennifer and Scott Carnow
Leasha and Joel Carp
The Chicago Jewish Teen Foundation Social Justice
Cohort
Coffee & Tea Bar Holdings LLC
Shirlee and Eugene Cohen
The Cooper Foundation
Joseph Doherty
Carol and Steven Edelson

Estia Eichten and
Deborah Forman Eichten
Dr. Arthur Elstein
Daniel N. Epstein and Sonja Reed
EREG Development LLC
Eugene Cohen Insurance Agency Inc.
Sig Feiger and Rose Grossinger
Laura and James Feldman
Marla and Robert Ferencz
Nancy and Maury Fertig
Kevin Finkel
Fischel Kahn
Linda S. Fisher

Renee Friedman and Robert Druzinsky
Susan and Seymour Frolichstein Trust
Dafna and Stuart Gabel
Gofen and Glossberg LLC
Adele Gorenstein
Great Mountain Capital
Management LLC
Rose Gurin Family Trust
Sarah and Joel Handelman
Denise and Jonathan Handler
Dr. and Mrs. Barry Herst
Joyce and Richard Hirsch
Sue and Larry Hochberg
Dr. Yonit Hoffman and Paul Peterson
Dana and Lonnie Hurwitz
Michelle Jacobson
Diana J. Joseph
Robin and Charles Kafenshtok
Diane Kahan
Donna Kahan
Kaplan Foundation Fund
Mary and Ralph Keen
David Kleinman
Susan Klingenstein
The Rose F. & Alice M. Koffend Foundation
Jamie and Jeffrey Kost
Dr. Caryn and Lowell Kraff
Susan and Manuel Kramer
Joel Krauss
Lester Lampert Inc.
Natalie and Steven Levine
Molly G. Levitz
Sara and Mitchell Lifson
Thomas Lockwood
Joan Loeb
Debra and David Lorig
Ted Lowitz
Carol Maxon
James J. McNulty
Anna Meytina
Lindsie and Paul Miller
Nexus Pharmaceuticals Inc.
Jonathan Opdyke
Alison and William Pearson
Sheila and Dr. Maurice Pickard
Premier Design + Build Group LLC
Laura and Rick Prohov
Mr. and Mrs. Michael Resnick
Dr. Paul Ringel
Doris Roskin
Bonnie and Jerry Rothenberg
Annette Lidawer and Robert Rubin
Diana and Edwin Ruthman
David Saltz
Scadron Outdoor Advertising
Janice and Michael Schrimmer
Susan Schwartz
Senior Lifestyle Corporation
Marjorie P. Shafon
Shaker Family Foundation
Nancy Shalowitz and Harry Silverman
Susan and David Sherman
Evelyn Siegel
Joanne and Gregg Silver
Judith and Norman Soep
Renee D. Stein and John E. Pomeranz
Rabbi Michelle Stern
Terrie and Bruce Stickler
Emily H. Stoeckel

Lauren and Kyle Stone
Staci and Ari Studnitzer
Phyllis Tabachnick
Abbe Temkin
Benjamin Tessler
Topel Forman LLC
Vedder Price
Janice Wahnnon
Weinger/Spector Foundation
Whitehall of Deerfield
William Blair & Company
Judy and Rabbi Carl Wolkin

\$500-\$999

Elaine and Floyd Abramson
Adamson Plumbing Contractors Inc.
Mona and Andrew Albert
Alliant Insurance Services Inc.
Altair Advisers LLC
Susan and Miff Ardell
Associated Agencies Inc.
Marcia and Bruce Balonick
Bank of America Matching Gifts Program
Jacqueline and Bruce Barron
Felicia and Michael Baskin
Michael G. Bass
Belgravia Group Ltd.
Molly and Steven Berman
The Breakers of Edgewater Beach
Judith and Jeffrey Brickman
Gladys Brina and Lorence Merritt
Beverly and Allan Brodsky
Chicago Jewish Funerals
Julia Clark
Rita and Seymour Cohen
Jane Colman
Companions for Seniors Inc.
Geraldyn and Michael Delaney
Mark D. Desky
Amy Deutsch
Wendy Dolin
Laurence H. Donchin
Dundee Pharmacy Inc.
Carol and Randy Emer
Janet and Paul Epner
Sue Ettelson
Eugene Matthews Inc.
Edith and Gerald Falk
First Bank Chicago
Kari and William Foote
Ronald Forman
4imprint
Frank H. Stowell & Sons Inc.
Patricia and Mike Frazin
Jan Gaines
Lee and Donald Geller
Sheila and Vern Gideon
Michael Glass
Alana and Scott Glickson
Roberta and Robert Goldman
Sharon and Elliot Goldman
Joel Goldstein
Ann and James Goodman
Iris Goodman
Norma and Phillip Gordon
Robin and David Guthridge
Harling Inc.
Libby and Craig Heimark
Helene and Dr. Burton Herbstman

Celebrate CJE

Corporate and Individual Sponsors

Premier Circle

Anonymous, The Grainger Foundation

Benefactors

Lester and Edward Anixter Family Foundation,
Joseph and Bessie Feinberg Foundation,
Swartzberg/Zoller Family Foundation

Patrons

Marc and Sharen Berman, CIBC, The Crown
Family, Joyce Grenis and Michael Koen, Robert
and Sylvia Haag Supporting Foundation, The
Malkin Family, McGrath Evanston Subaru, James
C. Mills, Ira and Sheila Stone, Weinberg Family
Foundation

Friends

Susan and Joseph Ament, Anonymous, Banner
Real Estate Group, Eve and Richard Biller,
Esther and Chuck Bley, Bridge Industrial, Sam
and Robyn Brilliant, Joan and William Brodsky,
Dennis J. Carlin, Dykema Gossett PLLC,
EquiTrust Life Insurance Company, Terri and
Michael Freeman, Adrienne and Irwin Friedman,
Gentle Home Services, Judy and Bill Goldberg,
Marsha and Allan Goldstein, Gould & Ratner,
Judy and Jeff Graff, Carol and Alan Greene, Ellen
and Michael Gross, Hamilton Thies & Lorch,
LLP, Sondra Fineberg Kraff, Robert E. and Arona
Landsman, Sondra and Max Lorig, Gerald O.
Mann Charitable Foundation, Allan Wulfstat,
Trustee, Mid Town Distribution, NorthShore
University HealthSystem, Leslie Markman-Stern
and Phillip L. Stern, Sylvia Novick, George and
Sarah Ohlhausen Foundation, Vicki and Gary
Pines, Protiviti, Dr. Carl and Paula Resnick, RSM
US, LLP, The Rutkoff Family, Biff Ruttenberg
Foundation, Michael Saltzman, Susan Ringel
Segal and Gary Segal, Lester & Edna Shapiro
Family Foundation, Seigle Family, Linda Soreff
Siegel, Ginger and David Smerling, Judy L. and
Michael Smith, John and Deb Sobel, Don and
Janis Trossman, Kal and Enid Wenig

CJE SeniorLife would like to thank all
contributors to the Celebrate CJE event.

Bruce Hirsh
Sarah and Aaron Hoffman
Sheri and Gary Hokin
Susan Horn and Don Honchell
Steve Hyman
Adrienne Isquith
Janey and Robert Jakubowich
Carol and John Jansson
Carol and Ronald Jesselson
Lauren and Dr. Bruce Kaden
Wendy and Daniel Kahn
Jane Kaplan and Harry M. Goldin
Linda S. Kaplan
Kittleman & Associates
Carole Klein-Alexander and Ron Klein
Sandra and Saul Klibanow
Ruth Knack
M. Koblenz and Glen Cornblath
Kraff Eye Institute Ltd
The Honorable and Mrs. Michael Krelloff
Valerie and Keith Kretchmer
Rob Lambert
Donna and Ira Leavitt
Jane and Scott Lederman
Nanci Garoon Leigner
Arlene and Martin Lewis
Pamela and Stuart Lieberman
The Loewenthal Group
Lo Verde Contracting Co.
Lowitz & Company
David Macknin
Bonnie and Ralph Mandell
Matlin Law Group PC
Barbara and Dr. Timothy McDonough
Arlene Alpert Mehlman and Dr. David Mehlman
Patricia and Michael Mergener
Merrill Lynch
Nancy Meyer
Monahan Law Group LLC
Mutual of America
Dr. Herbert E. Natof
Next Level Hospitality Services LLC
Margery Nieder
Andrea and Anthony Nocchiero
Dan O'Connor
Patzik, Frank & Samotny Ltd
William G. Paullin
Peck Ritchey LLC
Stuart Perlik
Karen and Donald Phillips
Provider Partners Health Plan
Janet L. Reali and Mitchell S. Cobey
Lynne and Allan Reich
Marc Ringel
Matthew Root
Pamela Rose
Dorothy Rosen
Raina and Howard Ruskin
Marina Rysin
Mr. and Mrs. Marc Sacks
Lynn and Gary Salit
The Sandwich Club
Rosalind Schoenberg
Caryn and William Schuman
Shalom Memorial Park
Jenna and Jacob Shapiro
Jeffrey Shore and Gloria Graff
Kimberly and Perry Shwachman
Renee and Dr. Joseph Silberman

Lew Sonn
Marcia K. Steinberg
Judith and Richard Stern
Rhonda and Gary Stern
Kim and Alan Sternberg
Adam Stock
Matthew Suhey
Temple Jeremiah
Marilyn and Dr. Michael Vender
Walmart Foundation
Roberta and Robert Washlow
Barbara A. Weiner
Samuel Weinstein Family Foundation
Jessica and Leonard Weiss
Randi and Steve Wine
Andrea Yablon
Irving Yoskowitz
Mr. and Mrs. Sherwin Zuckerman

\$300-\$499
Anonymous
@Properties
Sally and Gershen Abraham
Anshe Emet Synagogue
Teri and Steve Barnett
Ira Becker
Mary and Richard Bendix
Marci and Gary Blachman
Rachel Brody
Marla Brown
Jan and Brian Channon
Beverly A. Cohen
Concerto Renal Services
Congregation Beth Shalom
Drs. Ellen and Dean Conterato
Shirley Craven
Julie Dann and Bradley Schneider
Marcia and Kenneth Denberg
Paula and Ronald Domsy
Dutton Casey & Mesoloras, PC
Esther and Ronald Emmerman
Joan R. Ente
Gitta Fajerstein
Lynne and Mark Feinberg
Michael L. Friedman
Alice and Steve Ginsburgh
Sharon B. Glazer and Howard E. Kane
Earl Goldberg
Sheila and Joseph Goldberg
Patricia and Loren Golden
Kay and Barton Gordon
Harry Grace
Richard Greene
Nancy Henig
Carol and Richard Hillsberg
IBZ Coaching
Sibyl Josephson, z"l
Walter Kale
Rebecca and Jason Kanter
Regina Katz
Asher Kimchi
Marcia Kraut
Leo J. & Roslyn L. Krupp Family Foundation
Vladimir Kupchan
Andrea and Phillip LeBoy
Ronna B. Leibach
Dr. Monte Levinson
Sharon Lindstrom
Nancy and Burton Litwin

Max & Benny's
Medtronic Foundation
Laurie Merel
Lisa Meyerowitz and Daniel Greene
Glenn Miller
North Shore Congregation Israel
Northwestern Mutual
Anne and John Oppenheimer
Darlene and Norman Padnos
Janice Paul
Betty and Thomas Philipsborn
Plum Productions
Positive Financial Solutions
Ariana Rasansky
Rochelle Zell Jewish High School
Terry and Jerald Rosenthal
Paul Schlesinger
Phyllis and James Schneider
Jennifer and Noah Schnepfer
Sally and Richard Schulman
Cheryl and John Seder
Andres Sevi
Samantha and Nicholas Siegel
Leslie and Jordan Sigale
Mr. and Mrs. Michael Small
Stephanie and Michael Smerling
Staffing Together LLC
Elizabeth Stake
Marianne and Stuart Taussig
Gail and Jerome Taxy
UBS Financial Services Inc
Barbara and Barry Weiss
Weiss & Company LLP
Barbara and Victor Weisskopf
Cheryl and Keith Weitzman
WhiteheadFink Elder Law LLC
Karen and Russell Whittman
Cindy and Hal Wolken
Zelda's Catering
Eileen and Lawrence Zoll
Eleanor W. Zoub

\$100-\$299
Amy Abbott
Frida P. Abrahamian
Ilene and David Abrahams
Phyllis and Leonard Adams
Barbara and Steven Adelman
Mary Beth and Stanley Adelman
Zack Adler
Jeffrey Aeder
Gabriel Aizenberg
Alana and Harlan Aldort
Sherrie All
Mr. and Mrs. Edward M. Alpert
Sharon Alter
Marilyn and Howard Altman
Andrea and Richard Amend
American Weathermakers
Aml Group Ltd.
Sheila Ander
Azza and Tom Andreesen
Anixer Family Foundation
Tova Appleson
Sylvia Arbetman
Laura and Mike Arnow
Lucy and Peter Ascoli
Ellen and Edward Bakal
Mr. and Mrs. Albert Baker

Cheryl and Ted Banks
 Deborah and Jonathan Barker
 Dolores and Ralph Barnett
 Mary C. Barnett
 Jacqueline R. Bazon
 Madeleine and Allen Beerman
 Sara and Bill Belkov
 Mr. and Mrs. Peter B. Bensinger, Jr.
 Sandra and Kenneth Berg
 Michael Berkowitz
 Gershon Berkson
 Joan Berkson
 Debbie Berman
 Dr. Mark Berman
 Dr. Martha J. Bernheim Trust
 Lynn and Toby Bernstein
 Beth Shalom B'nai Zaken
 Linda and Howard Bifeld
 Peter Binkow
 Evelyn Blackwell
 Irene B. Blankenship
 Helene and Dr. Mitchell Blivaiss
 Linda Bloomberg
 Blutter/Shiff Design Associates

Joan and Scott Bogot
 Myra Borkan
 Deborah Bornstein and Steven Sklare
 Sandi Borok
 Lynn and Richard Braman
 Barbara and Donald Breakstone
 Anne Brentan
 Dr. Mitchell L. Bressack
 Gayla Brockman
 Elaine and Joel Brody
 Laura and Jack Brody
 Deborah and Matthew Brown
 Gail and Andrew Brown
 Rhonda K. Bruno
 Susan and Colman Buchbinder
 Carolyn Bucksbaum
 Joy Bunson
 Selma and John Burley
 Sarah Burtis
 Marla and Daniel Callistein
 William R. Cargill
 Dorothy E. Carlin
 Susan and Terry Chapman
 Judy M. Chernick
 Chicago Health Magazine
 Victoria Chudy
 Stacie and Robert Chukerman
 Carol and Jeffrey Clark
 Constance M. Claver
 Debbie and Joel Cohen
 Diana M. Cohen and David B. Spitulnik
 Lewis Cohen
 Lillian and Herbert Cohen
 Vivian and Stuart Cohn
 Helen S. Coleman
 Congregation Etz Chaim
 Congregation Or Torah of Skokie
 Gayle H. Corwin
 Deborah Covington
 Miren and James Crawford
 Dr. Margaret Danilovich
 Robert H. Dann and Erica Regunberg
 Judge and Mrs. Ronald Davis
 Lawrence Dechter
 Nina and I. Walter Deitch
 Jorge Del Castillo
 Lindy Dembowitz
 Michele De Sha and Howard L. Chabner
 Jill A. Deutsch
 Terry Diamond
 Susan F. Dickman
 Ellen Domke
 Susan B. Doroshov
 Jerome Dreyfuss
 Todd Duncan
 Ecology Inc.
 Susan and Lewis Edelheit
 Aaron Eiger
 Lisa and Edmund Eisenberg
 Mary Eisendrath
 Robert Eisenstadt
 Amy and Russ Eisenstein
 Rabbi and Mrs. Bruce Elder
 Helaine Ellenby
 Patricia and Jon Ellis
 Mr. and Mrs. Steven Emer
 Suzanne L. Epstein
 Carol and Michael Erde
 Susan and Ross Erlebacher

Anna Fagin
 David Fagin
 Ruth and John Fairfield
 Ludemilla Faynshteyn
 Carolyn and Dr. Ronald Feingold
 Mr. and Mrs. Bob Feit
 Elizabeth and Henry Feldman
 Susan Feldman
 Barbara and Glenn Ferencz
 Amy and Marty Fields
 Dany and Barry Fields
 Roberta Fink
 Jeffrey Finke
 Leslie and Norman Finkel
 Ms. Phyllis Fischel
 Dianne Fishing and Larry Rosen
 Judi Fishman and Stuart Nudelman
 Sherri and Brad Fishman
 Jennifer and Stewart Flink
 Julie and Jeffrey Forgash
 Ruth Forman
 Barbara Fox
 Joan and Dr. Robert Fragen
 Eugene M. Frank
 Margaret Franklin
 Susan and Paul Freehling
 Sylvia and Ernest Freier
 Betsy and Michael Friduss
 John A. Friedman
 Roberta and Norman Friedman
 Shari and Gregg Friedman
 Ursula and Ernest Fruehauf
 Amy Fuller
 Futures Flooring
 Helene and Stephen Gabelnick
 Mr. and Mrs. Harvey Gaffen
 Nina and Mark Gaines
 Adrienne and Lee Gallender
 Bryan C. Gannis
 Sue and Philip Gardner
 Julie Gelfond
 Bonnie and Richard Gershenzon
 Amy and Scott Gilbert
 Dr. Janice Gilden
 Judie and Allen Ginsburg
 Sheila and Marvin Ginsburg
 Joseph Glaser
 Karen and Daniel Glazer
 Bobbie and Kenneth Glick
 Dr. Nancy R. Glick and Michael R. Finnegan
 Richard M. Glick
 Susan Glick and Carey Goldenberg
 Susanne Glink
 Andrew Gluck
 Thomas Gniot
 Yelena Goizman
 Ilise Goldberg
 Jill Goldberg and Robert Miller
 Margaret and Perry Goldberg
 Margo A. Goldberg
 Muriel and Ronald Goldberg
 Justin Golden
 Sheila Goldman
 Susan and Arthur Goldner
 Gail and Donald Goldstein
 Joshua Goldstein
 Sandor Goldstein
 Sandra and Harvey Goldstein
 Zachary Goldstein

Six Ways to Contribute to CJE SeniorLife

Unrestricted Endowment Funds
Designated Endowment Funds
Income for Life Endowment Funds

Planned Giving
General Contributions
Create a Jewish Legacy Program

The Council for Jewish Elderly (dba CJE SeniorLife) Endowment Foundation was created in partnership with the Jewish Federation of Metropolitan Chicago's Agency Endowment Program, which was established to ensure that CJE SeniorLife and our sister agencies have the necessary resources to meet the community's needs. All commitments to CJE's Endowment Foundation are recognized as gifts to the Jewish Federation's Centennial Campaign.

CJE SeniorLife is also proud to have been part of the Jewish Federation's Create a Jewish Legacy program, designed to train and support Chicago Jewish day schools, agencies, and synagogues in the area of legacy giving.

Barbara and Lawrence Gordon
Ruth Gorelick
Cynthia and Seymour Goren
Sheri and Joel Gostomelsky
Donna and James Gottlieb
Gail and David Gottlieb
Herbert Gould
Mr. and Mrs. Martin Graff
Robert A. Green
Mitchel Greenberg
Helen D. Greenebaum
Laurie and Gary Greenfield
Gail and Dr. Bruce Greenspahn
Jamie Greiver
Greycroft Foundation
Ilene Grossman and Bruce Amsterdam
Carol and Sandor Grosz
Robert S. Gumerlock
Eva and Irving Gurin
Marla and Irwin Gzesh
Lisa and David Haas
Dawna and David Hackman
Maria Hadden
Madelynn Haddix
Jayne and Dr. Stephen Hanauer
Christine and Van Hanover
Allen Harris
Susan Hartford
Judith and Melvin Heckman
Ronna and Ronald Heftman
Patti and Steven Helfand
Monica and Marc Heller
Robin and John Hendricksen
Susanne Henry and Alan Schachtman
Janis and Dr. Steven Hersh
Pam and Dr. Frederick Hess
Ryan Hess
Lisa and Clay Hessel
Tracy R. Hicks
Lori and Howard Hirsch
Renee S. Hirsch
Sarah and Scott Hirsch
Susan J. Hochberger
Cynthia and Gary Hoefler
Bruce Hoffen
Judith Hoffman
Mark Hoffman
Melissa and Kenneth Hoffman
Rebecca and Douglas Hoffman
Randy and James Holzman
John Howbert
Susan and Bruce Huvad
Idlewood Electric Supply
Interstate Books4School
Mr. and Mrs. James Isenberg
Ann and Jerry Jaeger
Harry Jaffe
Lorraine and Jay Jaffe
Rose-Lynn and Randal Jaffe
Rose Jagust
Laura Jalette
Cathy and Thomas Joyce
Laurie Kabb
Renee Kalish
Esta Kallen
Mary and Dr. Jerome Kaltman
Larry R. Kane
Carole and Calvin Kanter
Michele and Nelson Kanter

Frederick M. Kaplan
Jack Kaplan
Joseph Kaplan
Mr. and Mrs. Robert Kaplan
Susan and Mitchell Kaplan
Michelle Karkowsky
Mr. and Mrs. Edward J. Karlin
Harriet Karmin
Lori and Gary Kash
Judi Katz
Ruth and Malvin Kaufman
Sandra and Jeffrey Kellman
Rabbi Allan Kensky and Adina Kleiman
Carol and Richard Kerman
Keshet/Gadol
Katherine Kirley
Henriette L. Klawans
Renee and Zach Klein
Ann-Louise Kleper
Francine Knowles
Alice and Robert Kohn
Bonnie and Edward Koven
Mr. and Mrs. Mitchell A. Kovitz
Tracy and Scott Kozak
Mr. and Mrs. Glen Krandel
Peggy W. Kreisman
Adrienne and Jeffrey Kriezelman
Linda and Stuart Kupfer
Roberta and Jeffrey Kwall
Suzie Lampert
Beth and Stephen Landsman
State Representative and
Mrs. Louis Lang
Jan and David Lasky
Jeff Lasky
Barbara and Howard Lerman
Scott LeVee
Judith Levey and Sanford Goldberg
Jill and John Levi
Marcy and Kenneth Levin
Ray Levin
Samuel J. Levin
Sandra and Lawrence Levin
Sonia Levin
Susan and Herb Levin
Bernard Levy
Eva Levy
Mr. and Mrs. Philip Lewis
Sue and Samuel Lewis
Zvie Liberman
Wendy and William Lipsman
Linda Lipton and Steven Lubet
Gail and Gary Lissner
Anne and Melvin Loeb
Sandy Loebmann
Sharon and Harry London
Paul Lopata
Richard Lynn
Anne and Mitch Macknin
Linda and Irwin Magad
Isabell Mann
Nina Mann
Roberta and George Mann
Mr. and Mrs. Martin Marcus
Margolis Weldon LLC
Susan Marks
Rabbi and Mrs. Robert W. Matanky
Rita Mathias
Linda L. Matthew

Larry Mayer
Jean and Stanley Meadows
Jessica Mehlman
Susan Mendelsohn
Marlene Mendelson
Bonnie and Charles Mervis
Doug Meyer
Terri and Gary Michaels
Bonnie and David Miller
Rhonda Cass Miller and Paul Miller
Sarita Miller
Glen Milstein
Justine and David Mintzer
Rabbi Victor Mirelman
Donald Monroe
Susan Morrow
Marjorie Mueller
Cathy Nachman
Lonnie Nasatir
Janet and Michael Nemlich
Barbara and Alan Newman
Janet Newman and Michael Wise
Hilary and Benjamin Nitka
Linda Nordenberg
North Suburban Hearing Service Ltd.
Miriam and Jay Novick
Mr. and Mrs. Henry Nussbaum
Margo and Michael Oberman
Don Oblazney, Jr.
Karen and Arnold Okmin
Susan and Edward Oppenheimer
Partners For Change LLC
Judith Pauker
Arline Paul
Gail L. Pavlina
Karen and Alan Peaceman
Ana Pelayo
Claire Pensyl and Ira Bell
Elyse and Robert Perlik
Roslyn and Joseph Perlman Foundation
M. Jane H. Perrin and Steven J. Fox
Jerrold M. Peven
Lynn and Dr. Louis Philipson
Kay Pick
Simon Piller
Helene Zimmerman Plotkin and Steven Plotkin
Harold Pollack
Susan and Mark Pollack
Naomi and Raymond Pollack
Carol and Marvin Pomerantz
Lisa Pomeranz
Alan Portnoy
Susan L. Post
Toni Price
Doherty Progar
Caren and Mark Putterman
Lois and Harvey Pyes
Ruth and Mitchell Rabin
Shelley and Michael Radner
Nora Rado and Donald S. Rado, z"l
Minda Raffé
Lina Rangel
Elisabeth Redon and Don Osias
Mr. and Mrs. David F. Reiner
Dana and Michael Reinglass
Marilyn Rest
Tami and Raymond Rokni
Ronald Roman
Andrea and Mark Rosen, DDS

Carrie and Dr. David Rosen
Norma Rosen
Henry Rosenbaum
Esther Rosenbloom
Mr. and Mrs. Craig L. Roth
Seymour Rothstein
Nan and Dimitry Roytberg
Sheryl and James Rubel
Arnold Rubens
Patricia and Alan Rubin
Gary Rudenberg
Caren Rudman
David Rudolph
Charlene Salzman
Catherine M. Samatas
Andrea and Ronald Sandler
Lynne and Sheldon Sandman
Brad Sarnoff
Alene and Ted Schaffner
Judith and David Schiffman
Miriam and Dr. Harvey Schiller
Sheila Schlaggar
Renee Schleicher
Leslie Schloss
Herbert Schneider
Karan and Joel Schneider
Isabelle Schoenfeld
Matt Schoenfeld
Harriet and William Schoenwald
Edna and Michael Schrank
Barbara Schroyer and Cal Levin
Mary Schreibstein and Michael E. Fox
Mary and Richard Schuster
David Y. Schwartz
Debbie Schwartz
Julie Schwartz
Neil Schwartz
Ronald Schwechter
James Seidenberg
Seniors Enjoying Life
Mona and Harold Shabelman
Shaevitz Kosher Meats & Deli
Dan Shapiro
Dr. David Shapiro and Lori Stark
Frank Shapiro
Sharon Shapiro
Judy Share
Tobey and Randy Sheridan
Saralyn Pertiz Shidlowky and
Howard Shidlowky
Katie and Jeff Shields
Carol and Norman Shubert
Laura and Dr. Lee Shulman
Susan and Gary Shulman
Dr. Barry Siegel
Deborah and Marc Siegel
Veronica Siegel
Susan and David Siev
Margaret and Alan Silberman
Ari M. Silver
Beth Silverman
Miriam and Lawrence Silverman
Alexa Simon
Deana Simon
Bruce Simons
Alisa and Howard Singer
Elisabeth and Alan Sklar
Samuel Sklare
Ellen and Lewis Smith

Betty Sobelman
Ronnie Jo Sokol
Leah and Eric Solomon
Robin and Fred Sonenshein
Joseph Song
Sondra and Charles Sonneborn
Sheila and Ronald Spaeth
Beth and Joel Spenadel
Amy and Charles Spungen
Ruth Stanton
Judi Stern
Mr. and Mrs. Mark Sternberg
Patricia Sternberg
Golda and Dr. Herbert Stoltze
Susan Stouber
Robbe and Ivan Strauss
Robert S. Sugarman
Ethel and Lester Suter
Marcia and Robert Sutter
Mr. and Mrs. Jim Swanson
Lois Swensen
Nadine Szczepanski
Bene Tanenbaum
Matthew Temkin
Mr. and Mrs. James Teper
Sam Teper
Benita T. Terry
Ellen and Alan Toban
Keegan Trudgen
Judy Ullman
Lydia Usha
Paisley Valentincic
Jessica Vodofsky
Waldheim Cemetery
Steven Wander
Nancy and Raphael Warren
Tami and Reuben Warshawsky
Dr. Michael J. Wasserman
Brian Wawrzyniak
Pamela and Garry Weiner
Jennifer Weininger
Lita and Marshall Weinstein
Judi Weintraub
Olga Weiss and George R. Honig
Susan Wellek
Judith Wexler
Iris Witkowsky
Elizabeth A. Wolf
Robin and Dr. Clifford Wolf
Carly Cooper Wolff
Lois and John Wolfson
Alison and Joseph Yastrow
Melanie Yermack
Edward Zare
Zion Gardens Cemetery
Helen Zuckerman and Gary Shaw

Endowments and Bequests

Anonymous
Estate of Sarah Altbach
Helen & Norman Asher
Alzheimer's Care Fund
Joseph Atkin
B & J Association
Mirza A. Baig
Samuel Ballis Fund
Jordan C. Berger
Charles H. Berman Educational Fund
Laurence U. Berman Trust

Marc L. Berman -
In memory of Leo Berman
Ruth Berman
Harriet B. Brady Pooled Income Fund
Mr. and Mrs. Charles M. Bley
Michael D. Blum
Belle R. & Joseph H. Braun Fund
Estate of Suzy Braun
Lena G. Brede Foundation Fund
Sam and Robyn Brilliant
Estate of Raymond D. Brodsky
Susan and Colman Buchbinder
Dennis J. Carlin
William and Susan Casper
Dorothy Dean Cavenaugh
Charitable Remainder Unitrust
Kate Charshan Trust
Dolly and Joseph Checkers
Estate of Frieda & Simon Chinn
Beverly and Joe Cohen
Charles and Nancy Cooper
Glen Crosier
Olga Davidson
Estate of William Emil Deutsch
Drexel Home Fund
Estate of Dale Duel
Alan Dworkin
Robert Edelmann Health Care Fund
George M. Eisenberg
Foundation for Charities
Estate of Reuben and Sydelle Eisenberg
Bernice Elbin
Estate of Edward Elisberg
Erwin Epstein
Joan H. Epstein
Gitta Fajerstein
The Rabbi Shlomoh Z. Fineberg & Naomi D. Wainger
Fineberg Religious Observance Fund
I.M. & Fannabell S. Fixman Foundation
Robert Forman Enrichment Series Fund
H. Fried Respite Fund
Jeffrey Fried, z"l and Suzanne Fried
Emmanuel Friend Estate
Galter Foundation
Meyer and Lilly Gerber Foundation
Betsy Gidwitz
Joseph L. & Emily K. Gidwitz
Memorial Foundation
Howard A. and Barbara Gilbert
Estate of Adele Ginsburg
Annette Glickman Trust
Dale Glickman Trust
Irving H. Goldberg Family Fund
The Goldberg Family Trust
The Barbara G. Goldsmith
Revocable Trust
Allan Goldstein
Joel H. Goldstein
Alan I. Greene
Allyson Marks Greenfield and
Avi Greenfield
Laurence Anthony Greenfield
Robert L. and Sylvia M. Haag Supporting Foundation
The Robert L. Haag Trust
Thomas L. and Joann Harris
Ethel Heller Revocable Trust
Teresita A. Hellman
Estate of David A. Herstein
Ethyle Levin Hillman Fund

Estate of Miriam T. Hirtenstein
 Estate of Myles A. Jarrow
 Phyllis A. Jones
 Estate of Florence L. Kaufman
 Mary Keen
 Esther Kirkel
 Carole Klein-Alexander
 Michael E. Koen
 Sondra Fineberg Kraff
 Leo Krakow Trust
 Louise H. Landau Estate
 Estate of Hannah Landsberg
 The David and Hedy B. Landman Trust
 Milton Latzer Trust
 Lazarus Charitable Foundation
 Bruce J. Lederman
 Theo and Paul Leffmann
 Eva B. Levi Trust
 Diane S. Levin Trust
 Estate of Helen Levin
 Ruth Levine
 Estate of Marcelle M. Lieberman
 Ken and Susan Lorch
 Marvin and Marilyn Lustbader
 Mr. and Mrs. Norman Lynn
 Estate of Saul Mackoff
 Estate of Michael George Mallin
 Roslyn & Milton Mallin Memorial Fund
 Estate of
 Judge Abraham Lincoln Marovitz
 The Beatrice C. Mayer Fund
 Al and Lillian Mazure Trust
 C. Margaret McClaskey
 Morris Metcuff Trust
 James C. Mills
 The Estate of Pearl Nager
 Abigail Natenshon
 Estate of Irving H. and
 Harriet B. Nathan
 Jerome J. Nathan Trust
 Ian Natkin - in memory of Lillian Natkin
 Joseph & Jennie Newman Fund
 Ilse S. Nicholson
 Margo and Mike Oberman
 Estate of Mary G. Oppenheim
 Estate of Konrad Parker
 Morris L. Parker Trust
 Kenneth and Susan Pearl
 The Fannie Penikoff Charitable Trust
 Maurice Pickard
 Vicki Franklin Pines
 June Raffel Charitable Trust
 Estate of Charlene Raimondi
 Nate Y. Ratner Fund
 Michael Reese Service League
 Susan and Howard Reese and Family
 Sonya & Robert Reich Philanthropic Fund
 Dr. Carl Resnick
 Estate of Rose Resnick
 Marilyn Rivkin
 Joseph Robineau Fund
 Ellen and Steven Rogin
 Milton and Beatrice Rohde Estate
 Steven Ronsen
 Doris Roskin
 Alan (z"l) and Mally Rutkoff
 Norma Sachs Fund
 The Robert L. and Claire Sampson Charitable
 Annuity Trust

Stephen P. Sandler
 Estate of Elaine Scheye
 Leonard Schanfield
 Research Endowment Fund
 Robert and Julie Schlossberg
 Anita Schwab Revocable Trust
 Terry L. Schwartz
 Estate of Eugene M. Segal
 Susan Ringel Segal
 Dr. and Mrs. Mervin and Aileen Shalowitz Special
 Assistance Fund
 Edward and Dorothy Shapiro
 Marci L. Shapiro
 Estate of Jerome & Natalie Share
 Leonard Shraiberg Endowment Fund
 Joel S. Siegel
 Linda Soreff Siegel
 Seymour and Roslyn Simon Trust
 Edward and Honora Singer
 Estate of Lillian and Dwight D. Slater
 Stephanie Millman Smerling
 Judy and Michael Smith
 Georgette Grosz Spertus Trust
 Adele Stern
 Estate of Veda Stern
 Rick Strusiner
 Swartzberg / Zoller Family Foundation
 Abbe Temkin
 Dianne Tesler
 Miriam Toney
 Rachel Topp Trust
 Randi Urkov
 Estate of Lucille L. Vodian
 Estate of Birdie Wagner
 Miss Brenna Wagner
 The Wagner Foundation
 Estate of Muriel Wein
 The Harry & Jeanette Weinberg
 Foundation Inc.
 Stanley L. Weinberg
 Mark and Patty Weiner
 Nellie & Louis Weiner Fund
 Weinfield Trust
 Ronald Weismehl, z"l
 Enid and Kalman Wenig
 Judith W. Whellan
 Marshall Yablon, z"l
 June and Howard Zimmerman

Government Partners

AgeOptions
 Chicago Department of Housing
 Chicago Department of Planning and Development/
 Chicago Low Income Housing Trust Fund
 Chicago Housing Authority
 Federal Emergency Management Agency
 Illinois Department of Healthcare and Family Services
 Illinois Department of Human Services
 Illinois Department on Aging
 Illinois Housing Development Authority
 U.S. Department of Housing and Urban
 Development
 U.S. Department of Veterans Affairs
 U.S. Social Security Administration

Matching Gifts

AbbVie Foundation
 The Chicago Community Trust
 Greycroft Foundation
 IQVIA Inc.

Medtronic Foundation
 The Prudential Foundation
 RRF Foundation for Aging
 Salesforce
 William Blair & Company

Contributed Gifts and Services

Ellen Cohen
 Fareva Morton Grove
 Illinois Continuity of Care,
 Chicago Chapter
 Inspire Through Flowers
 Jan Channon Flowers
 Mark Fleytlikh
 Marla Goldberg
 Sarah and Bryan Gryka
 Koval
 Floyd A. Mandell
 Janet Newman and Michael Wise
 Magda and George Roth
 Jennifer Roth
 Robert Sheinin
 Jill Tracy
 Miriam Treshansky
 Olga Vachtchenko
 Joseph Weinberg

**July 1, 2020 to June 30, 2021. CJE SeniorLife is a 501(c)(3) organization. Gifts are tax deductible to the extent allowed by law. CJE SeniorLife has made every effort to be certain that the list is complete and accurate. It is published with the intention of thanking our generous donors. Please accept our apologies if there are any errors or omissions. July 1, 2020 to June 30, 2021. CJE SeniorLife is a 501(c)(3) organization. Gifts are tax deductible to the extent allowed by law. CJE SeniorLife has made every effort to be certain that the list is complete and accurate. It is published with the intention of thanking our generous donors. Please accept our apologies if there are any errors or omissions.*



To view the entire
 2021 Annual Report,
 please visit
cje.net/about-us/annual-report



CJE SeniorLife offers ongoing support groups and programs, which are subject to change. All programs are free unless indicated. Some fees may be partially covered by Medicare or private insurance.

CALENDAR

December 2 Chanukah Music Program.

Join Rabbi Ari Hart for a discussion and a performance of Chanukah musical favorites. 1 pm CST. Free.

Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

December 9 Supplemental Security Income & Social Security Disability Insurance for People with Disabilities.

Attorney Jeffrey A. Rabin will provide information about Social Security law and the programs that cover people with disabilities. Topics include how to apply, how to make appeals after denial of benefits, and how to maintain eligibility for benefits while returning to work. 11 am–Noon. Free. Virtual meeting. Registration required: cje.net/events. For more information: 773.508.1106 or linkages@cje.net.

December 10 Insights on Aging: The Importance of Addressing Basic Legal and Housing Issues.

This program will highlight two important programs that are available at CJE SeniorLife that can have a significant impact on the health and well being of older adults. Presented by CJE Legal Help Desk Staff and CJE Consumer Assistance Staff. 11 am–Noon CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: counselingservices@cje.net or 773.508.1121.

December 28 Connecting the Renaissance to Today.

Artist and educator Hugh Leeman will take us through a series of artwork from ancient pagan influence to Judeo-Christian societies which converged to lift Renaissance Europe to new artistic heights. Noon–1 pm CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

January 14 Insights on Aging: Making Good Decisions About Taking Medication.

This presentation will help participants sort through confusing information about medications and clarify how you and your physician can work together to determine what is the best decision for

you. Nina Henry, JCFS Chicago. 11 am–Noon. Free. Virtual meeting. Registration required: cje.net/events. For more information: counselingservices@cje.net or 773.508.1121.

February 11 Insights on Aging: How Changing Health Behaviors Can Impact Mental and Physical Health.

This session will provide an overview of the science of how we create healthier habits. The lecturer will focus on specific techniques and tweaks to routines that can be done to create more consistent positive mental and physical health behaviors. Margaret Danilovich, CJE SeniorLife. 11 am–Noon CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: counselingservices@cje.net or 773.508.1121.

ONGOING SERIES

MONDAY AT THE MOVIES

Join us for our cyber movie club! On the second Monday of each month, we'll explore groundbreaking films, learn little known facts about the film and actors, and enjoy clips from the movie. 1 pm CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

MOVE IT MONDAYS

A variety of exercise activities that can be done sitting or standing. Appropriate for all fitness levels. Free. Every Monday, 11:30 am–12:30 pm CST. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

SHARING YOUR LOVE OF JUDAISM WITH THE NEXT GENERATION

Grandparents, Grandfriends, and Beyond! Join together with other grandparents and grandfriends each month to explore exciting and meaningful materials from Jewish text and tradition. Take what you have learned and share it with your school age grandchildren between sessions. This program is not just for grandparents, but for any older adult who wants to connect with a younger friend such as nieces and nephews or family friends. First

Tuesday each month. 2–3 pm CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

COMMUNITY TUESDAYS & MY GO-TO PLACE AT THE BERNARD HORWICH JCC

Coffee, Classes & Camaraderie: Noon CST. Every Tuesday. Open to Everyone. Free. Registration required: 773.508.1089 or community.engagement@cje.net.

YIDDISH TISH

Join CJE Volunteer, Jay Lewkowitz, for all things Yiddish—from cultural discussions to movies. Open to all levels of Yiddish speakers and those interested in Yiddish language and culture. Every Tuesday. 11 am–Noon CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

RECHARGE YOUR BATTERIES

A comprehensive Tai Chi, QiGong, and yoga fusion practice. Every Wednesday 11 am–Noon CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

THE STORIES BEHIND THE SONGS

Presented by Canadian musician Rob Lutes, this six-part program takes participants through the history of popular music in America and Canada—from its earliest iterations in the 18th and 19th centuries through the flowering of genres like blues, ragtime, country, rock 'n' roll, and more. Wednesdays, December 8, 15, 22 • 12:30–1:30 pm CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

MY GO-TO PLACE

Offered weekly, for Niles Township residents 65 and older, each program will start with an educational topic or activity followed by time for conversation.

- Healthy aging educational presentations
- Senior exercise classes
- Creative arts programs
- Community resource and benefit events

CJE's events and support groups are not currently meeting in person, but instead are offered virtually, by either Zoom or conference call. Please see the descriptions below and www.cje.net/events for more details.

Thursdays, 1–2:30 pm CST. Free. Space is limited. In-person programming open to Niles Township residents only. 5255 Lincoln Avenue, Skokie, IL. Virtual meeting open to all. Registration required for either option: 773.508.1089 or community.engagement@cje.net.

ARTSY TALKS WITH CJE

Join us for a fun and engaging art-based program to explore ideas and spark dialogue! Guided by CJE art therapists, Artsy Talks offers older adults and their caregivers an opportunity to engage and socialize live each week on Zoom. Thursdays, 10–11 am CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

VIRTUAL BOOK CLUB

Our book club facilitator will lead us in conversation about a variety of intriguing books! 3rd Thursday of the month at 11 am CST. Free. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

FIT FRIDAY

A class focusing on strength and balance. Appropriate for all fitness levels. Free. Every Friday 9–10 am CST. Virtual meeting. Registration required: cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

MINDFULNESS WITH CHLOE

Chloe Gremaud, LCSW from CJE SeniorLife's Counseling Services, will lead group participants in mindfulness exercises that help support mental wellness. Building the ability to stay present can help participants to cope with stress and uncertainty and reduce negative thinking. Every Friday, 10–10:30 am CST. Virtual meeting—for Zoom link or dial-in information: lauren.vourvoulias@cje.net.

CLASSIC COMEDY: STILL FUNNY TODAY

Explore your favorite comedians from Charlie Chaplin and the Three Stooges to Carol Burnett and Mel Brooks! 1st Friday of the month at 1 pm CST. Free. Virtual meeting. Registration required:

cje.net/events. For more information: community.engagement@cje.net or 773.508.1089.

SUPPORT GROUPS

Family Caregivers

Support group for all family members who are providing care for someone with dementia. Led by Jaclyn Abramson, MA, LCPC, BC-DMT. 1st Thursday of every month. 4–5 pm CST. Free. Virtual Meeting. Registration required: 847.236.7826 or jaclyn.abramson@cje.net.

Coping with the Challenges of Aging

An eight-week Cognitive Behavioral Therapy (CBT) group designed to help members change patterns of thinking in order to feel better. Led by Chloe Gremaud, LCSW. Call for session dates. Virtual Meeting. Participation requires advance screening and evaluation to be billable to Medicare and other insurance. Call 773.508.1698.

Making Connections: Seniors with Adult Children with Disabilities

Connect, share experiences, and learn about benefits and community resources. Led by Mariana Sanchez, LCSW. 1st and 3rd Tuesday of the month. 11 am–12:15 pm CST. Free. Virtual Meeting. Registration required: 773.508.1106.

Living Life Through Loss—Virtual

A bereavement support group. Led by Lisa Andrews, LCSW. Sponsored by CJE SeniorLife and JCFS Chicago. 1st and 3rd Wednesdays of each month. 1–2 pm CST. Virtual Meeting. Registration required: 773.508.4742.

Russian Tea Time: Chicago

A second Chicago-based conversation group for Russian-speaking Holocaust survivors. Led by Kseniia Asefa, LPC, and Vera Rodriguez Mancera, LPC. First Tuesday of the month. 10–11:30 am CST. Free. Virtual Meeting. Registration required: 773.508.1144.

Russian Tea Time Music Group

Join us to talk about music or sing, meet new friends, and have fun! Led by Natalya Bouinyi and Era Friedman. Every other Friday. Noon–1:30 pm CST. Free. Virtual meeting. Registration required: 773.508.1329.

Russian Tea Time: Skokie

Support group for Russian-speaking Holocaust survivors. Led by Maya Gumirov, LPC, NCC, and Anna Klein. Every other Monday. 11 am–12:30 pm CST. Free. Virtual Meeting. Registration required: 773.508.1016.

Coffee & Conversation

A support group for Holocaust survivors. Led by Yonit Hoffman, PhD, and John Wickham, LSW, Holocaust Community Services. Mondays. 1:30–3 pm CST. Free. Virtual Meeting. Call to confirm dates: 773.508.1004.

Caring Conversations

A support group for family caregivers of Holocaust survivors. Led by Yonit Hoffman, PhD, and Anna Dominov, LCSW, Holocaust Community Services. 1st Wednesday of the month. 4–5:30 pm CST. Free. Virtual Meeting. Call to confirm dates: 773.508.1004.

Caring Conversations

A support group for family members caring for aging Holocaust survivors. Led by Maya Gumirov, LPC, and John Wickham, LSW. 3rd Wednesday of the month. 6–7 pm CST. Free. Virtual meeting. Registration required: 773.508.1315 or 773.508.1016.

Russian Tea Time—

Uniper Virtual Support Group

A virtual conversation group for Russian-speaking Holocaust survivors to discuss the challenges of aging and wellness strategies. Leah Rosenberg and Vera Rodriguez Mancera, LPC. 1st and 3rd Friday of the month. 11 am–Noon CST. Free. Please call to confirm dates: 773.508.1149

HOLIDAY CLOSINGS

Christmas Day	Friday, December 24
New Year's Day	Friday, December 31
Martin Luther King Jr. Day	Monday, January 17

Visit www.cje.net/events to find more events and details!

3003 West Touhy Avenue | Chicago IL 60645
773.508.1000 | www.cje.net | lifemag@cje.net



CJE SeniorLife® is a partner with the
Jewish United Fund in serving our community.

GUESS WHO'S TURNING 50 IN 2022? CJE SENIORLIFE IS!



Your Center for Positive Aging
Since 1972

#CJEis50

And do we have an event-filled year of celebration in store for you! Here's a preview of some things we have planned so far for this glorious milestone.

PRELIMINARY 50TH ANNIVERSARY ACTIVITIES

- 50th Anniversary Web Page
- Official Proclamations
- Historical Overview in LIFE
- Robust Social Media 50th Campaign
- Anniversary Gatherings around CJE
- 50th Branded Giveaways
- 50th Anniversary video
- Customized 50th Refreshments.
- Updated *History of CJE* Publication
- Festive 50th Anniversary Celebrate CJE Gala
- And much more...

During our anniversary year we are eager to recognize all our efforts on behalf of older adults. This milestone will enable us to review our remarkable past as we articulate our vision for the future. We will ask our many staff members, volunteers, board members, clients, residents, families, and our community members to join us in this celebration of longevity as we consider all the changes, challenges, and victories we've experienced.

BE SURE TO STAY TUNED FOR SOME EXCITING 50TH ANNIVERSARY ANNOUNCEMENTS AND EVENTS VIA OUR PRINT AND DIGITAL CHANNELS THROUGHOUT THE YEAR!