



# VOICE of the VOLUNTEER

PUBLISHED BY  
VOLUNTEER DEPARTMENT  
COUNCIL for JEWISH ELDERLY  
1015 West Howard Street  
Evanston, Illinois 60202

NUMBER VII

SUMMER 1986

VOLUME IV

Standing, left to right: Sheila Seidmon, Chmn., Volunteer Services Committee, CJE; Daniel Silverstein, Associate Executive Director, CJE; Richard Stillerman, President, CJE; Richard Wexler, President, Jewish Federation of Metropolitan Chicago; Stuart Sikes, Vice President, CJE; Ronald Weismehl, Executive Vice President, CJE; Seated, left to right: Shirley Garland, Director Volunteer Services, CJE; Rabbi Nathan Gordon, Chaplain, CJE; Patricia Yeates, Acting Director, Governor's Office of Voluntary Action.



## CJE VOLUNTEER RECOGNITION DAY

From the city and the suburbs, from the far North Side to the far South Side volunteers came to attend the Thirteenth Annual CJE Volunteer Recognition Luncheon on May 21st.

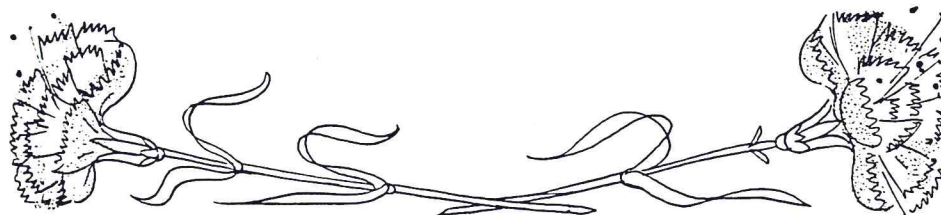
Over 250 volunteers heard words of praise and appreciation from the dignitaries pictured above.

As the day began, the invocation was made by Rabbi Nathan Gordon, CJE Chaplain. The room at Temple Emanuel seemed afloat with balloon decorations proclaiming "You're So Special". A musical review by The Choralaires added to the festivities.

Over 450 volunteers were eligible to receive Certificates of Service, based upon criteria determined by the Volunteer Services Committee. In 1985-1986 approximately 600 CJE volunteers performed 51,477 hours of service in over seventy-five functions.

All of these volunteers are outstanding, which made difficult the task of choosing, from among them, the nine Outstanding Volunteers of 1986. These were selected by members of the Volunteer Services Committee from among those nominated by CJE staff.

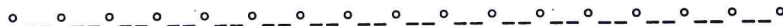
Presenters of the Outstanding Volunteer awards were CJE Board members Lenore Ehrenberg, Birdie Wagner and Rabbi Moses Mescheloff; Leon Reinstein from the Volunteer Services Committee; and Nettie Hagler, a former recipient of the Outstanding Volunteer Award.







could not get the job done; for dollars are not enough, are never enough and will never be enough."



From Dan Silverstein, Associate Executive Director, CJE, we heard....."Volunteering is not a one time thing. The desire to be of service to others is a great motivator that leads to dedication.

Third, those of you over 65, of which there are many, break down the stereotypes of age. You do not seek help because of your age; you provide help to others because you care. Volunteering does not have an age qualification.

Fourth, by your actions, you can feel that you have contributed to the betterment of our society. People helping people is a value we want to communicate to our community. Future generations need to have examples to look to, and you provide a model.

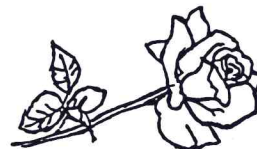
Fifth, we all need to feel satisfied about the things we do and the life we lead. You can rightfully feel good and take pride in your actions because of the time you have given.

For all these reasons, we honor you today."

CJE's objective is to provide services to the elderly in need. In doing that we require the resources of the community to aid in that process. Your continued help provides a multi-faceted benefit to the community.

First, you provide hours of service that could not be provided because of CJE's limited funds. Last year your time was worth the equivalent of between 25-30 full-time employees and is worth several hundred thousand dollars.

Second, through your presence, you communicate that this is a community that cares about its elderly and that those you are helping continue to be linked into the Jewish community of Chicago.



Patricia Yeates, Acting Director, Governor's Office of Voluntary Action said....."It was certainly a gratifying experience to be a part of your celebration - you have a wonderful group of volunteers. I would like to know their secret of "eternal youth" - it is hard to believe some of them are in their 80's."

"One of the greatest resources we have in our country today are volunteers who share their experience, their love and their skills with the community. No place that I know of is this resource seen in greater force than here in the volunteer programs of the Council for Jewish Elderly.

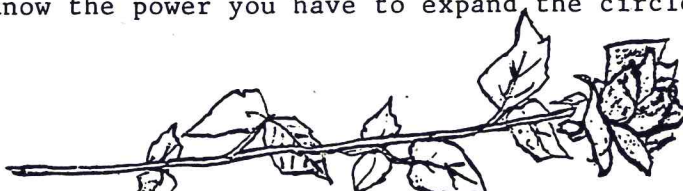
You are all to be congratulated for the wonderful services you provide to the elderly - where would the community be without you? Volunteerism is such an integral part of our society that we tend to take it for granted - but we cannot. There are too many needs and too many people to serve. There are also many people who have never known the joys of volunteering who need to be turned on to this circle of love.

That is what the Governor's Office of Voluntary Action is all about.

Isn't it interesting that we all find as we are working to make the community better for others, we are also making it better for ourselves.

More important, however, I know you all volunteer to give of yourselves...to give back to others some of the blessings you have had. You have learned one of the greatest secrets of life; that we can all continue to grow and learn by giving. You have learned the power you have to change your world...to shape it the way you think it should be shaped...as a community where a smile, a meal, a telephone call can quite literally be the bridge from desolation to hope.

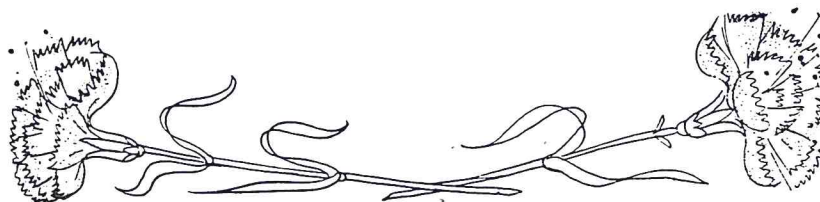
Indeed, I expect the future of our country depends on people like you who care, who help, who love and who know the power you have to expand the circle of caring."





1986 OUTSTANDING VOLUNTEERS AND PRESENTERS

Clockwise, starting top left (reading left to right): CJE Board member Birdie Wagner, Outstanding Volunteer Fay Fefer; Volunteer Services Committee member Leon Reinstein, Outstanding Volunteer Clare Jericho; CJE Board member Rabbi Moses Mescheloff, Outstanding Volunteer Rose Twersky; Outstanding Volunteers Clare Jericho, Katie Holmgren, Hannah Baker, Florence Rabin and Florence Perry; Outstanding Volunteers Shirley Rothstein and David Dobrin.



**WARM GREETINGS AND CONGRATULATIONS!!**

From Jack Prater, President, United Way/Crusade of Mercy comes the following:

"Warm greetings and congratulations! Please express to the volunteers my deep appreciation for the giving relationships that they have developed with the Jewish elderly.

Every celebration of volunteerism is an affirmation that many people willingly accept the challenge and the joy of being their brother's and sister's keepers.

Please share with the volunteers that one who has known the joys of working with volunteers for thirty years hopes they will allow themselves to feel that spark of personal joy that they undoubtedly have brought to those among the elderly."



***Accolades To 1986's Outstanding Volunteers!!!***

**HANNAH BAKER**

Hannah Baker demonstrates extreme perceptiveness and sensitivity to the needs of the Lieberman Nursing Department. Nominated by Shirley Aizenstein, Staff Development Nurse, is Hannah Baker.

Hannah arrives daily at the Nursing Department office to volunteer her time and clerical talents. She provides a very important service for the department by maintaining files and doing time-consuming record keeping, thus freeing staff time. Hannah also maintains the dental book for the resident dental program. She works in this busy, noisy office without allowing the numerous distractions to disturb her train of thought. Hannah often "problem solves" on her own and scrupulously maintains confidentiality.

Staff appreciates Hannah's conscientious work and they report it is a pleasure to have her around the office. She gives so much of herself and makes everyone feel good.

For the important services she performs and especially for the example she sets for Lieberman Centre residents and for all of us, CJE is particularly proud of Hannah Baker, Lieberman resident and CJE Outstanding Volunteer.

**DAVID DOBRIN**

David Dobrin has devoted almost 2,000 hours, over the past 9 years, to bring weekly spiritual sustenance to 60 Jewish elderly who would otherwise be deprived of the opportunity to attend Shabbat Services. Nominated by Barbara Cohn, Coordinator of Neighborhood Services, is David Dobrin.

David Dobrin acts as "Rabbi" at the Kiddush Program held weekly and at holiday times in the Devon-Sheridan Center. He has assumed this volunteer role since the program's inception 9 years

ago. As part of the original planning committee, he was instrumental in formulating the Kiddush booklet and selecting the music.

But David Dobrin's volunteer responsibilities encompass much more than the one hour Kiddush program. He spends many additional hours promoting the program at senior groups and in organizing each Kiddush Service so that participants feel that it is "their service" and not one provided for them by CJE. He not only solicits ideas from the group, but takes special care in personalizing the service, assigning parts which highlight the strengths of the individuals and make each participant feel good about his role in the service. While working one-on-one with the elderly participants to improve the quality of their reading, he also improves their self-image. He has, additionally, offered his time to teach Russian participants to read passages in English. David Dobrin continues to accomplish all of this with pride and dignity at age 81, and despite a severe visual handicap.

For combining worship with meaningful individual and group participation...for increasing both the knowledge and self-esteem of the elderly whose lives he touches... for helping to create an authentic spiritual experience on Shabbat and holidays for those who would not otherwise be able to worship in the community, we name David Dobrin an Outstanding Volunteer.

**FAY FEFER**

Fay Fefer has a demonstrated desire to make life better for all around her. This is evidenced by the many ways in which she expands her volunteer commitment at Neighborhood Development's Morse Avenue Drop-In Center. Nominated by Rita Goone, Neighborhood Worker, is Fay Fefer.

Fay Fefer's volunteer service at Neighborhood Development's Morse Avenue Drop-In Center for the past 6 years has made an important impact on both programs and the 600 clients who participate in the Center's programming monthly.

She is totally committed to providing a meaningful Kiddush Program on Fridays, rushing to the Center from an

earlier volunteer commitment at a nutrition site and taking no time to rest in between. This dual service has increased her familiarity with Neighborhood clients and she serves an important outreach function by inviting people she meets in the community to attend the Center Kiddush program. This brings newcomers to the Center and makes them aware of CJE services.

Fay's activities at the Center include leading the singing at the Kiddush, control and distribution of reading material, yarmulkes and food. Her spirituality and musical interpretations make the Kiddush program special. Aside from her assigned duties, she has aided clients in many ways. She walks a blind woman to and from the Center; the woman would otherwise be unable to attend. She accompanies Russian clients to doctor's appointments and translates for them. Fay's "above and beyond" commitment was movingly displayed when she made all arrangements and took a client to the beauty shop for a shampoo and haircut...a client who, because of failing capacities, had poor personal hygiene.

For enhancing the worship experience of hundreds of elderly people in the community... for noticing those around her with special needs and responding with acts of loving kindness, we name Fay Fefer an Outstanding Volunteer.

#### KATIE HOLMGREN

Katie Holmgren retired from her staff position at Lieberman Geriatric Health Centre, but did not retire from her role as one of the most caring members of the "Lieberman Family". Nominated by Barbara Wexler, Assistant Administrator of Lieberman Centre, Irene Sandler, Supervisory Nurse and Suzanne Avery, Clerk/Typist, is Katie Holmgren.

Since her retirement as Supervisor of Laundry in March, 1985, Katie Holmgren has almost single-handedly provided a program of community integration for many Lieberman residents. She is "chauffeur" for the men's Morning Breakfast Club, arriving before 6:45 AM to take the "boys", as she calls them, to an outside restaurant. Volunteering at least 3 and usually 5 days a week, she is also chauffeur for lunch and shopping trips, and for numerous Activity Department outings. Katie recently took charge of a complicated transportation schedule so that approximately 25 residents could go to Skokie Valley Hospital for Breast Imaging appointments. She often accompanies residents who have no close family to outside doctor's appointments.

Lieberman residents respond so positively

to Katie's upbeat, caring and understanding manner, that staff members often call on her to lend support in convincing difficult residents to do what is necessary to improve their quality of life. One resident, for example, likes to visit a friend in another home, but is unwilling to cooperate with grooming unless Katie intervenes to encourage him and to reward him with the promise of an outing. Katie is able to calm even the most confused residents during visits to outside doctor's offices. Sometimes a resident is calm just knowing that Katie can, and will, get exactly the right shoe laces for the special party shoes. She has the latest jokes; she wears wonderful hats; she is sympathetic and she is clever.

For having that special magic that brightens the lives of all around her...for so generously sharing her vitality and capacity for love and caring with a group of impaired elderly who benefit so significantly from her personal attention...we name Katie Holmgren an Outstanding Volunteer.

#### CLARE JERICO

Clare Jericho has been characterized as one of the most reliable, loyal, unassuming, conscientious volunteers in the South Side program. Nominated by Payah Prochovnick, Volunteer Coordinator of the South Side Service System, is Clare Jericho.

Clare Jericho has been an active volunteer in the South Side Service System from its inception...first in the store-front operation and later at the South Side Center when it opened. This represents a period of 13 years of continuous service.

With initiative and resourcefulness, and always cheerfully, her competent performance of clerical duties, telephone answering, record keeping and information gathering has significantly freed the professional staff to respond more effectively to the needs of the client population in a direct way. When there has been too much work to be completed at the Center, Clare has frequently finished these tasks at home.

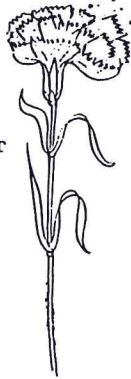
This continuous volunteer effort has been maintained through two hip replacement procedures when Clare often worked in great pain without complaint.

For her tireless dedication to the South Side Service System that serves approximately 400 elderly people through various programs...for her selfless contributions for which she has earned the appreciation of staff, volunteers and Center members, we name Clare Jericho an Outstanding Volunteer.



**FLORENCE PERRY**

Florence Perry's special training and unique knack for being available without being intrusive have made an important difference in the lives of 2 elderly women with severe visual handicaps. Nominated by Kathryn Hirn, Supervisor of Counseling, is Florence Perry.



Florence Perry has visited 2 women with severe visual handicaps on a weekly basis since August, 1981. One woman is in her 90's, the other is in her mid-80's. One has a supportive family, the other has no family. Both are extremely proud and independent women who do not like to see themselves as receiving assistance and place a high value on their privacy. Because they consider Florence a friend and a peer, they find her help more acceptable than the same services would be if provided by staff or family. The impact of Florence's work on the Social Service Department, therefore, is that these clients have needed less professional intervention than would otherwise have been necessary, and, what they have received has been more tolerable to them.

Florence has special training in services to the blind and visually handicapped. She reads mail for her clients and helps them with forms, bills and any materials that require reading or writing. She has also provided medical escort for them to doctors and hospitals, and has made hospital visits. When one client's seeing-eye dog died, she was extremely supportive both in sharing the client's grief and in helping her to think about alternative services.

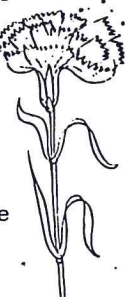


For her major contribution to CJE in helping the agency to deliver the best quality, most appropriate services to clients...for being an invaluable source of support to 2 women who are extremely sensitive about their handicaps and enabling them to accept necessary help without compromising their dignity, we name Florence Perry an Outstanding Volunteer.

**FLORENCE RABIN**

Florence Rabin combines "hands-on" volunteer activities with high-level leadership roles in a wide variety of organizations that concern themselves with the welfare and well being of our Jewish elderly. Nominated by Alice Schlosberg Director of the CJE/JCC Senior Adult Center at B'nai Zion and Addie Epting, CJE Housing Management Services Administrative Aide, is Florence Rabin.

Florence Rabin's volunteer service record is impressive. At Jarvis Center, she has been a hostess in the Kiddush Program for 9 years; at the B'nai Zion Center she chairs the Center Advisory Board, is in charge of the Friday Kiddush Program and has volunteered in the Nutrition Lunch Program



since its inception in 1974. She has also served for 6 years as Secretary of the Monday Club JCC, and has been an active participant in city-wide JCC Senior Builders and Seniors Alert.

For the past 9 years Florence has served as President of Levy House, an independent living CJE building with approximately 65 residents. Under her leadership, Levy House has become a model for inter-group living, with independent older persons assuming responsibility for developing and maintaining a self-governing organization that serves their needs. Florence is a strong advocate for tenants' concerns, bringing them to the attention of CJE. She is editor of the monthly building newsletter and is instrumental in arranging a full calendar of activities, among which are Truman College classes, weekly meetings and special events, holiday celebrations, and Mother's Day and Anniversary luncheons out of the building. With her guidance, many of the tenants volunteer in CJE programs, working as a team.

For using her exceptional organizational skills to bring the dignity of self governance to older persons living independently...for her complete devotion to a broad spectrum of activities that address both the basic and "quality of life" needs of our Jewish elderly, we name Florence Rabin an Outstanding Volunteer.

**SHIRLEY ROTHSTEIN**

This volunteer has been characterized by the residents of Weinfeld Group Living Residence as performing service from the heart without asking for as much as a "Thank You". Nominated by Lila Barnow, Group Living Activities Coordinator, and Zena Goldenberg, Group Living Coordinator at Weinfeld, is Shirley Rothstein.

Shirley Rothstein has been visiting residents of Weinfeld Group Living Residence on a weekly basis for the past 12 years. Her cheerful nature and desire to please residents leads Shirley to engage in a variety of activities for, and with, the residents that add immeasurably to their well being and sense of self-esteem.

For this year's Arts & Crafts Bazaar/Bake Sale, Shirley baked a dozen cakes while a resident read the instructions. The resident noted that, without Shirley, none of those cakes could have been baked. She leads Bingo whenever a group of residents express the desire to play. Her willingness to escort residents to doctor's offices offers them the security to make and keep these necessary appointments.

Last year, Shirley invited all the residents to her home for afternoon tea where she served a variety of homemade sweets. No holiday, Jewish or Secular, passes without a card from Shirley, and everytime she takes a vacation, residents receive postcards. On her way to Weinfeld she runs errands, filling residents' requests, going out of her way to find the desired items.

Shirley Rothstein performs this devoted service while suffering from serious vision impairment...with no peripheral vision and loss of vision in one eye. No



longer able to drive, Shirley takes several buses to get to and from Weinfeld each week.

For enriching the lives of the 12 residents of Weinfeld Group Living Residence through her generosity of spirit and caring deeds...for her 12 years of devotion to meeting the physical, social and emotional needs of her "Weinfeld Family" despite personal hardship, we name Shirley Rothstein an Outstanding Volunteer.

**ROSE TWERSKY**

Rose Twersky exemplifies the all-around dedication inherent in all Outstanding Volunteers, an individual who sets an example that has inspired her children and grandchildren to participate in volunteerism. Nominated by Shirley Garland, Director of Volunteer Services, and Adel Sobol, Ida Bass and Rochelle Merel, Volunteer Services Department staff members, is Rose Twersky.

Since August of 1981, Rose Twersky has been an invaluable addition to the Volunteer Services Department through her twice-a-week volunteer service. Rose has cheerfully taken on much of the necessary, time-consuming detail work in the department. Her accuracy and dependability contribute to the efficiency of departmental functioning.

Through Rose's efforts, a number of "quality of life" projects are successfully maintained. She works diligently with the client Birthday Card program, ensuring that CJE community clients receive a birthday card each year. Many clients have reported that this is the only remembrance of their birthday that they receive from anyone.

The success of the volunteer Knitting Program is largely due to Rose's efforts. In addition to knitting herself, she has recruited another volunteer for this project. Rose transports the donated yarn to the volunteer and returns the finished knitted goods to CJE. Each winter, over 100 of CJE's clients are physically and emotionally warmed by gifts of scarves, hats, shrus, booties, mittens and lap robes.

Shabbat Luncheon programs, which provide religious and socialization opportunities for clients on a bi-monthly basis, and Adult Day Care Center, where about 45 impaired elderly benefit from special programming, are 2 other areas where Rose volunteers. She displays sensitivity to clients' feelings and special needs while offering assistance wherever it is needed.

Rose is not always in the best of health, but she seldom fails to keep her commitment to CJE. She always arrives with a cheerful smile, a home-baked "goodie" she made in her "spare time" and a helpful attitude.

For outstanding dedication to both the business needs of the agency and the emotional needs of its clients... for being an inspiration not only to her family, but to us all, we name Rose Twersky an Outstanding Volunteer.



**SPECIAL THANKS**

This special thank you comes from one of CJE's 1986 Outstanding Volunteers:

"In 1972, I was in an automobile accident and was laid up for 9 months. The day after I returned home, an outreach worker came to my house, asked me if I knew about the Council for Jewish Elderly and did I need help. He was like a G\_d-send. Council helped me in many ways.

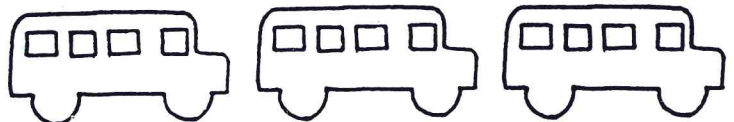
At that point, I vowed that if I could, I would do everything in my power to help Council for Jewish Elderly in any way I could and therefore I became a volunteer.

I would like to thank the Council for Jewish Elderly.


...Florence Rabin"

**A FRIENDLY GIFT**

The keys to three new blue buses, donated by Friends of CJE, were recently presented to Council for Jewish Elderly at a dedication ceremony. Ronald Weismehl, Executive Vice President, CJE and Daniel Silverstein, Associate Executive Director, CJE accepted the keys which were presented by Nathan P. Owen, President, Friends of CJE. Rabbi Nathan Gordon, Chaplain, CJE gave the ceremony his blessing. This brings the number to 13 vehicles that Friends of CJE have assisted the agency to acquire.



NEWS FROM SOUTH SIDE SENIOR ADULT JEWISH CENTER



The South Side Senior Adult Jewish Center has been blessed with the presence of a young woman volunteer who selected us for her May Project. As a graduating senior of the University of Chicago High School, Judy Cohen chose our Center for her volunteer service. She has had experience with young children, but now felt the need of an experience with older people. So, daily, for the past three weeks, we have had the joy of this pleasant, fun-loving, intelligent and most perceptive young woman, who filled in wherever, whenever and however there was a need.

She has become well acquainted with our members, spent hours just talking and listening to them (a service much needed at our Center). In addition, she has completed a long-delayed project, in our large-print lending library, which had remained unaccomplished due to lack of staff or volunteer time.

This volunteer project has been an unqualified success. Everyone has learned and benefited from it. We will all sorely miss Judy when she departs, but with her go our very best wishes for all her undertakings in the future.



CJE SALUTES ITS VOLUNTEER LIBRARIAN

By: Sally S. Mann, Coordinator, Community Education

CJE maintains a professional library, thanks to the efforts of Frances Rooz, our volunteer librarian, who has spent countless hours cataloguing, organizing and shelving the agency's collection of books and periodicals. Working with the Coordinator of Community Education, she has made invaluable suggestions for the operation of the library.

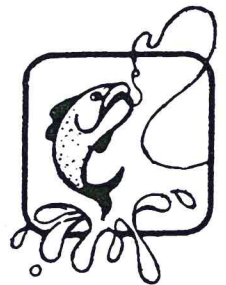
This library is an important resource to staff who are always anxious to maintain their professional skills and to keep abreast of the latest developments in the field of gerontology.

Frances came to CJE as a volunteer in 1979. She has worked at the Library of International Relations, the Library at Anshe Emet, and in the Art and Architecture and Foreign Language Section at Kroch and Brentano's.

We at CJE are most fortunate to have Frances Rooz as a member of our volunteer corps!!

SUMMERTIME AT ADULT DAY CARE CENTER

"In the good old summertime.".....That's when the Adult Day Care Center relies heavily on its volunteers. Dance Movement therapist Sara Berkovitz and Art therapist Terry Reimer have completed their internships at the Center. Their innovative programs have given the staff some new material to use, but it won't be the same. They brought excitement and challenge to these new forms of activities.



When a staff member is vacationing, our volunteers are always willing to fill the gap...and they do.

The Adult Day Care Center began operation in a store-front on Western and Lunt in 1977 and moved to Temple Menorah in September, 1978. Lynda Orlean has been volunteering on Wednesday

afternoon since October, 1978. Delores Cherney has been spending all day Tuesday and Thursday at the Center for almost 4 years. Nathalie Spielman, Isadore Spitzer, Molly Klem and Estelle Goldberg have been volunteering over 2 years at Adult Day Care Center. Other faithful volunteers are: Rose Twersky, Ruth Plant, Doris Wolinetz, Evelyn Stoll, Peter Dumberg, Jack Reed, Max Samson, Richard Vendig, Ben Edelheit, Ken Singer, Roger Herzog, Lillian Corren, Harold Kartun, Leone Eisenberg and Mel Meyer.

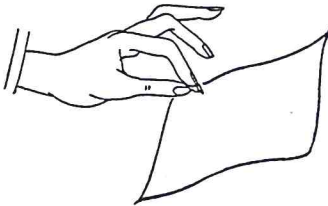
We look with pride at the above list of wonderful people who give of their time and selves to make "Summertime" and the entire year so cohesive at the Adult Day Care Center. We are very fortunate!!



**ADULT DAY CARE CENTER**  
**"WISH LIST"**

Popcorn Air Popper  
Shabbat Candlesticks  
Remnants of Light Weight  
Colorful Material  
Bingo Prizes for Men and  
Women

Large and Small Scarves of Thin Material



**NEIGHBORHOOD DEVELOPMENT SAYS**  
**"THANK YOU" TO ITS VOLUNTEERS!!!**

The Neighborhood Development Department was doubly honored in May when 2 of its volunteers, one from Devon-Sheridan and one from Morse Ave., were recognized for their outstanding service.

However, we feel all our volunteers are special!

At Devon-Sheridan, Ida Goldberg and Daisy Boddy act as librarians. On Monday and Thursday they staff the library, checking books in and out and making selections for "their" clients. Ida accompanies staff each month to purchase new paperback books for the library. She looks for love stories, the favorite, large dark print books and those with the right number of pages. David Dobrin leads our Kiddush Service every Friday. He prepares for each week by selecting special prayers, calling on participants to read, offer the blessings and lead the group in songs and, sometimes, dances. His wife, Pearl, is his inspiration. Susanna Rendel is one of our Kiddush Hostesses. She arrives early to

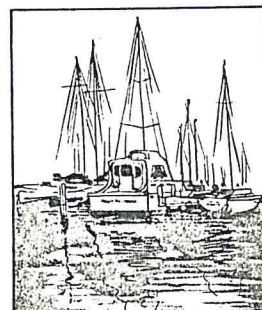
set the tables and decorate the Kiddush table. On holidays, Susanna brightens up the room with festive decorations. Bea Birz and Ida Sigale act as hostesses. They welcome each Kiddush participant, seat them and serve them wine and challah.

At the Morse Ave. Center, Josefa Dmoch, Ethel Ratskoff and Sarah Riffkin serve coffee to the clients and welcome newcomers to the Center. Fay Fefer, Lillian Schneider and Ada Levin alternate as song leaders at the Kiddush program. Sarah and Fay also assist in the preparations for the Kiddush program by preparing the challah and distributing food and reading materials. Elsa Loewenthal, "The Fairy Godmother", comes every Tuesday, bringing delicious snacks for all the clients. Last, but not least, Morris Sostrin volunteers to maintain the storage room. For the holidays, the volunteers participate in both the planning and leadership of special programs.

Neighborhood Development also wishes to thank our volunteer attorney, Sidney Bernstein, for his legal assistance to staff and clients.

Together, the volunteers play a vital role in our Center operations. By providing a warm and congenial atmosphere, clients feel at home and our Kiddush program could not be what it is without the volunteers.

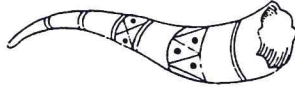
**THANK YOU ALL!!!**



### HIDDEN TREASURES UPDATE

Thanks to the help of CJE volunteers, the Hidden Treasures Project is going very well. Gert Steinberg, Elise Ginsparg, Al Anders, Bernice Davis, Robert Jacobson, Elaine Arnstein, Rubin Horwitz and Doris Wolinetz have worked long and hard to make this project a feasible endeavor.

The Hidden Treasures Project enriches the lives of present and



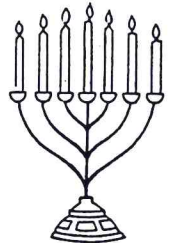
makes our Jewish heritage live and future generations.

The Hidden Treasures program enlists the aid of the elderly and their families in collecting, organizing and sharing the cultural and religious artifacts of the family and the community. The goal is to establish a unique program of communication between the older and younger generations and, by reflection, to provide enrichment to the lives of the elderly, the community and generations to come. The program is supported by the Raymond J. Marks Memorial Fund.



Two Reminiscence Workshops have been held, so far.

The first one was at CJE's Farwell Building and the second one was held at B'nai Zion. The volunteers made follow-up appointments with many elderly clients attending these workshops. The purpose of the follow-up visits is to collect the donated "treasure" and to tape-record the oral history that goes with it.



### VOLUNTEERS WITH GROUP LIVING

Group Living residents continually appreciate the contribution that volunteers make to their daily lives. Once a year they join the agency in its formal recognition of the volunteer's service. This year, Weinfeld took pride in seeing Shirley Rothstein, a much loved and dedicated volunteer, win an award for distinctive service. The residents helped staff prepare the nomination for the award and, later, shared Shirley's joy upon her recognition. **Mazel tov** and thanks to Shirley!!

As always, the volunteers helped to brighten the sometimes rain-soaked Spring days with their "service of the heart". Carole Schaeffer, a gifted classical pianist, filled both buildings with beautiful music. Lillian Corren brought stories by Pearl S. Buck and Chaim Potok into residents' lives, taking them outside of their day to day world and, thus, enriching it. Roger Herzog involved the people in infectious sing-a-long to old-time favorites, while the teens from Am Yisroel Mitzvah Corps sang and danced to contemporary Israeli tunes. Weinfeld residents express their thanks to Blanche Gibons for accompanying individuals to important doctor's appointments. Thanks go to Ida Wallace not only for escorting, but also for playing cards and visiting with residents. At Robineau, Phyllis Lipsky, who helps out with craft-making and planting flowers and herbs, deserves our congratulations on the marriage of her son. Mazel tov!! Other "nachas" at Robineau -- Rae Feldman, an avid Bingo game leader, celebrates the Bar Mitzvah of her grandson.

Weinfeld residents and related staff celebrated Weinfeld's 13th Anniversary with a lovely and tasty buffet luncheon. After eating their fill, residents enjoyed the music and songs of pianist Judith Perkins. Luncheons are fashionable this season! Robineau looks forward to hosting the Annual 4th of July Picnic which has always been such a successful event, due to the assistance of many volunteers.

As with all CJE departments, Group Living could not serve residents as fully and caringly without the help of volunteers. We feel privileged to say to them all, "Thank you...you are loved and appreciated!!!"



### SIGNAGE, GRAPHICS AND COLOR: FINDING ONE'S WAY

(Abstract submitted for presentation at Governor's Conference - March, 1986  
by Barbara Wexler, Assistant Director, Long Term Care, CJE)

Signage, graphics and effective use of color in a skilled nursing facility contribute to the reality orientation program for all of the residents, especially those with mental or visual impairments. Signage allows residents, visitors, volunteers and staff to identify where they are and where they are going. To achieve this, a total signage design program was implemented at Lieberman Geriatric Health Centre.

For resident units, signage included room number/resident name insert at each resident room, a directional sign showing room numbers in each wing, and a large banner type directional sign announcing the floor. In the communal areas (1st and 2nd floors of Lieberman Centre), colloquial terms and pictures announce rooms. The Physical Therapy Department is the "Health Club", with a graphic sign showing a person lifting barbells; the Activities area has a graphic showing a paint palette and brushes; the Noshery (snack bar) graphically depicts an ice cream soda. In addition, directional banner signs orient to the location of the communal areas: The Social Hall, Clinic, Workshop, Library. All signage was chosen for readability and clarity of the printed words.

Beyond signage, staff developed other graphic tools to help residents to remember events and to find places. Lieberman Centre has large 4'x6' bulletin boards on each unit, an announcement board listing major events in the lobby close to the dining room, and an announcement board in each passenger elevator. In addition, Activity staff place reminders on individual resident doors telling residents of daily commitments, such as an occupational rehabilitation group or an invitation to a special birthday party. Staff also used a simple overhead projector to stencil a very large 4'x4' graphic of a comb and scissors to help residents find the Beauty and Barber Shop.

Another effective orientation device is the use of color. Each resident wing is painted in a bright color so that residents can follow a color path to their room. In the large main dining room, chairs are grouped together so that residents can orient themselves to their section by color of the chair in the section.

The use of all these tools; signage, graphic reminders and color, has been extremely beneficial for all residents in this facility. Staff are always sensitive to new and practical cues to assist residents to maximize their independence.

### RESIDENTIAL CARE SERVICES FOR ELDERLY

Ronald Weismehl, Executive Vice President, CJE, has contributed a chapter for Social Care for Elderly People, An International Perspective, SCA Publications, 1985, Surrey England. The book focuses on practical applications of care for elderly care spanning the globe. Mr. Weismehl's chapter, "Residential Care Services for the Elderly Component of an Integrated Social/Health Service System", focuses on aging in the United States and the options of care provided by CJE in the Chicago metropolitan area. Other countries represented include: England, Germany, Japan, Denmark, Australia, South Africa, Liberia and Sweden.



CJE'S IN-HOME COMPANION SERVICE

Council for Jewish Elderly's In-Home Companion Service that provides care for elderly people in their homes, is now accepting applications from families interested in the service.

The program, funded by noted Chicago philanthropist and art collector Gabriella Rosenbaum, helps families care for infirm elderly relatives by placing trained and screened companions who assist with meal preparation, bathing, dressing, writing letters, and caring for the older person. This service can provide up to 24 hours of daily care and allows family and older individuals the time to thoroughly investigate long range plans.



A unique component of the program is the CJE nurse and social worker's assessment of the elderly client's needs. CJE stays involved to help families plan for the changes that often accompany the aging process.

These services are very important to the well being of family members or those providing full time care to an older person. For example, if an older person living alone suddenly suffers a stroke and requires full time care, our In-Home Companion Service gives the family time to consider different options available. This service will help prevent emergency nursing home placements.

The companion workers are nurse assistants certified by the State of Illinois, having completed a training course and passed a State exam. The family will directly employ the nurse assistant who has been carefully recruited and screened by Council for Jewish Elderly.

An assessment is necessary for this service. For further information about Council for Jewish Elderly's In-Home Companion Service, contact the Intake Department at 570-7000.

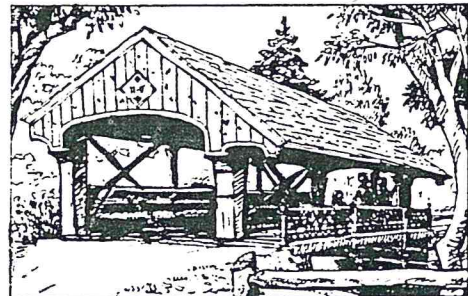


NEW VOLUNTEERS

*From staff and clients alike comes praise without end. A better name for volunteer...a truer one...is FRIEND!!!*

- |                  |               |
|------------------|---------------|
| Rita Fullett     | Allen Kupfer  |
| Elise Ginsparg   | Judy Kupfer   |
| Idelle Greenberg | Julie Marks   |
| Jeff Greenberger | Ann Pervos    |
| Beverly Gross    | Lisa Pitler   |
| Julie Jacobson   | Terry Rothman |
|                  | Joseph Sexton |

We welcome all of you to the CJE volunteer corps of nearly 600 volunteers who share in common a willingness to interact positively with others and a desire to expand their own personal horizons through service to our clients.



**VOICE OF THE VOLUNTEER**  
 Publication of Council for Jewish Elderly  
 Volunteer Service Department  
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Richard Stillerman, President,  
 Board of Directors, Council for Jewish Elderly  
 Joseph L. Gidwitz, Honorary Chairman,  
 Council for Jewish Elderly  
 Ronald Weismehl, Executive Vice President,  
 Council for Jewish Elderly  
 Sheila Seidmon, Chairperson, Volunteer  
 Service Committee, Council for Jewish Elderly  
 Shirley Garland, Editor; Director of Volunteer  
 Services, Council for Jewish Elderly



