

ENTRÉES

\$8.25 per meal

Lake Superior Whitefish

with Steamed Red Potatoes & Mixed Vegetables

Salmon Patty

with Egg Noodles & Fresh Summer Squash

Fresh Trout Fillet

with Brown Rice & Cut Green Beans

Oven-fried Chicken Breast

with Home-style Mashed Potatoes & Green Peas

Herbed Chicken Leg with Rice Pilaf & Fresh Zucchini Squash

Oven Roasted Turkey Breast with Gravy, Home-style Sweet Potatoes & Cut Green Beans

Green Pepper Stuffed with Beef with Home-style Mashed Potatoes & Sliced Fresh Carrots

Meatloaf with Gravy, Duchess Potatoes & Zucchini with Red Pepper

Premium Selection (\$9.25 per meal)

Beef Brisket with Gravy, Oven-roasted Potatoes & Medley of Fresh Carrots and Peas

HOMEMADE SOUPS

\$2.75 each

Chicken Noodle

Mushroom Barley

Vegetable Beef

Matzo Ball (\$3.75 each)



Call 847.929.3020 to order

KOSHER TO GO



great taste, nutrition and value

CJE SeniorLife delivers a delicious selection of freshly frozen kosher foods and soups right to your door. Satisfying and nutritious, our chef-prepared meals are affordable and easy to serve. All meals are CRC-approved.

Kosher to Go meals are delivered Tuesday–Friday (depending on delivery location) from 9:30 a.m. to 3 p.m. Meals must be refrigerated or frozen upon delivery. All *Kosher to Go* meals can be heated in a microwave or conventional oven (preferred method).

Call 773.508.1000 to place your first order. Subsequent orders should be called in to 847.929.3020.

Minimum of four entrées per order. Complimentary delivery is included for all orders of seven items or more. Delivery charge of \$1.50 added if order is under seven items.

cje SeniorLife 

3003 West Touhy Avenue, Chicago, Illinois
773.508.1000 www.cje.net

Our soups and entrées have been reviewed by a registered dietician. Each entrée meets one-third of the recommended daily nutrient value for an adult. Additional nutritional information is available upon request.

CJE SeniorLife is a partner in serving our community, supported by the Jewish United Fund/Jewish Federation.

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